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NSW

SENIORS

FESTIVAL

Our Regional roundup
pages 7, 8 & 15

special feature pages 9, 12 & 13



Ian Hardy, Kilsyth, Vic, at the wheel of his 1934 Ford coupe while cruising East Street during the Easter Rod Run. Ian has attended every Rod Run and was the 1991 Top Hot Rod winner.

There was a 30 year difference between Ian and his son Jake winning the top hot rod trophy.

Turn to page 4 for the full wrap.

Photo: Rusty Lake-Connolly.

FLAMING SUCCESS

BLUNT MESSAGE ON SECRET STUDY

Kim Woods

RESUSCITATING the old Narrandera-Tocumwal rail line remains firmly on the radar for Member for Murray Helen Dalton as she attempts to have her party revoke the privileged status of the rail line study.

Shooters, Fishers and Farmers Mark Banasiak MLC has written to Clerk of the Parliaments David Blunt asking for a review of the status of all documents marked as “privileged” under the Order for Papers – Narrandera to Tocumwal Reopening Feasibility Study, made on February 17.

Mr Banasiak believes the claim for privilege is completely without basis.

“In support of their claim for privilege status for the feasibility report – the primary document under this Order – Transport for NSW states “the commercial sensitivity of this document is in respect of the budget forecast estimates (the projected cost in completing various parts of the rail line) were it to proceed,” he said.

“The disclosure of this information would enable potential contractors for this, or similar projects, to tailor their bids on the projects to closely align to projected budgets.”

The NSW Government spent \$500,000 on the Narrandera-Tocumwal Rail Line Reopening Feasibility Study, which was completed in August 2018.

The NSW Government deemed the study confidential and refused to release it as a whole, however a summary is publicly available.

Mr Banasiak said the NSW Government has made clear it would not be proceeding with the rail project.

There has been no attempt to restore the rail line in the last 30 years.

“Therefore, there is no justification for keeping the report secret. Doing so is very much against the public interest,” he said.

“While the NSW Government has no further interest in this project, private sector investors are interested in reviving this vital rail link.

“Information contained in this report could help them proceed with a project that has the potential for enormous economic benefit to the region.”

Mr Banasiak said accountant and former Narrandera Shire councillor Wes Hall had read the contents of the report in 2018.


Mr Hall claimed the fact the report was kept secret was wasting tax payer money and he classified just three pages as “market sensitive”.

Mr Hall tendered his resignation from Council on August 20, 2018.

“The circumstances surrounding the secrecy of this report would suggest it is in the public interest to release associated emails and documents,” Mr Banasiak said.

He is seeking copies of emails and correspondence related to the feasibility study from the Office of the Deputy Premier,

continued page 3



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FRI	SAT	SUN	MON	TUES
25°C	21°C	19°C	20°C	24°C
16°C	7°C	7°C	5°C	5°C
-	-	-	-	-

RAINFALL

April – 0.0mm

2021 total – 218.2mm

Narrandera Argus

ENQUIRIES

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To submit a letter to the editor:

> mail to PO Box 5, Narrandera NSW 2700

> deliver in person to 167 East Street, Narrandera

> email: editor@narranderaargus.com.au

Letters to the editor should be no more than 500 words and, if not emailed, clearly and neatly written.

Correspondents should include their full name and address as well as a contact phone number. Letters may be edited.

Opinions expressed in this section of the newspaper are not necessarily the views of the Narrandera Argus management and staff.

Narrandera Argus

VOLUME 140, No 13

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DEADLINES

10am Monday for display advertising and editorial

12noon Tuesday for Classified advertising

Bottles and lamb jumpers

Ivy Longmire

ORPHANED lambs can be problematic for sheep producers but students at Barellan Central School are offering them a milk bottle, a warm jumper and plenty of attention.

The Barellan Central School is running their poddy lamb program again this year for students in kindergarten to Year 10.

The program has been operating since term three, 2020, and it has been highly successful in enhancing the students learning.

“Every lamb has been donated by local community members,” Barellan Central School’s Agricultural and Food Technology teacher Louise Robertson said.

“Generally, farmers will donate the lambs because of two reasons, high management and economics.”

Local producers may not have any available time to rear orphaned lambs, as it can be an intensive and costly process.

By donating their orphaned lambs to the school, producers can alleviate any stresses involved in rearing the lambs.

“Powdered milk is donated by the P&C,” Ms Robertson said.

“They were a big supporter in getting the program up and running.”

Feed, such as hay and grain, have been donated by local farmers, and lamb jumpers from the local Barellan CWA, for when temperatures get cooler.

Education is further enhanced when rearing the lambs, as students can gain practical experience.

“The junior years learn about the living world, and they look at different plants and animals grown for food and fibre,” Ms Robertson said.

“This interacts with the program, as they can see the lamb growing and

Asher Smith and Blake Lemke feeding donated poddy lambs at Barellan Central School. Photo supplied.

changing, and they can compare it to the older lambs.”

The overall response from students, parents, and staff have been overwhelmingly positive.

“Everyone loves it,” Ms Robertson said.

“The students are fully involved with rearing, and every student had the opportunity last year to feed the lambs.”

The school has not sold any lambs yet but will sell them when they reach

a good size.

“Any community member can get involved, whether that is by offering a service or feed, their knowledge, working on the farm or any capacity like that,” Ms Robertson said.

“I would absolutely love to work with them.”

For more information about the program, contact the Barellan Central School on 02 6963 9202 or by email, barellan-c.school@det.nsw.edu.au.

Rural crime impact

“DRAW the line on regional crime” is the central message to the new Regional Crime Campaign launched on Monday aimed at curbing a \$60 million problem.

In NSW, more than 80 per cent of farmers have reported being a victim of crime according to new research by the Centre for Rural Criminology, University of New England.

Even more critical is the high levels of repeat victimisation, with more than 76 per cent of farmers being a victim of crime on more than two occasions, and more than 23 per cent experiencing crime more than seven times.

Crime Stoppers and the NSW Police Force launched a state-wide crime campaign to address awareness of regional crimes, prevention measures and to increase reporting to Crime Stoppers and the police.

Regional crime can affect individual’s finances and safety directly but can also have a more widespread impact on the prosperity of the town and its people.

In regional areas, the perception of a community, its safety, its people, and its economic situation can affect tourism, impact on its attraction of high-quality health professionals or teachers and other essential service providers.

But it doesn’t stop there. Crimes in regional areas have a flow-on effect, impacting pricing, distribution, and availability of produce everywhere.

The campaign will provide information on how regional communities can deter or prevent crime in their area while encouraging everyone to report crime. The message to the NSW community is: Any information on any crime anytime.

The Crime Stoppers contact centre operates 24/7, 365 days a year and all information captured is in complete confidence.

Minister for Police and Emergency Services David Elliott is urging regional residents to report any piece of information no matter how small to Crime Stoppers and the NSW Police.

“It’s disheartening to hear more

than 80 per cent of our farmers have reported being victims of criminal activity. Our farmers have had a shocking few years with drought, bush-fires, COVID-19 and floods – adding victim-of-crime to the mix is reprehensible,” Mr Elliott said.

“We’re calling on the NSW community to report any information on any crime anytime. If you know something, say something.”

Crime Stoppers is working with the NSW Police Force Rural Crime Prevention Team and the Police Transport and Public Safety Command across a range of major crime areas including stock theft, marine theft and poaching.

Stock theft, as one example, has a significant financial impact on our farmers. Between 2015 and 2020, there has been a conservative estimated value of \$22.5 million worth of sheep and cattle reported stolen within NSW.

“If we consider the value of stud stock, loss of animal by-products and loss of future breeding potential, the financial impact on primary producers within NSW could realistically be over \$60 million,” Mr Elliott said.

The newly-launched community awareness campaign will run state-wide for a 12-month period. Crime Stoppers will be visiting regional communities to engage with communities in an effort to help reduce crime and increase reporting.

Crime in regional areas is not new; however, it continues to be a growing area of concern for the whole of NSW, not just the farming community and therefore it needs a whole of community approach.

You can help by reporting anything suspicious, strange, or concerning.

Any piece of information, anything you have seen or heard, may be crucial in preventing or solving a crime.

Call or click Crime Stoppers on 1800 333 000/ nsw.crimestoppers.com.au

For a crime in progress call Triple Zero (000). Save Triple Zero (000)

Snez is on a national tour and will perform in Narrandera on April 18. Photo supplied.

Singer at Social Club

SINGER, songwriter and storyteller from the mid north coast of NSW, Snez, will be headlining at the Whitton Social Club on Sunday, April 18.

Snez released her new album ‘Fisher on the Sea’ in February, followed by an Australian tour for the rest of 2021.

“I play solo acoustic guitar, vocals, bouzouki and bodhran, featuring stories of my parent’s homeland, Macedonia,” she said.

Entry will be by donation with the doors opening from 5pm at The Whitton Social.

Snez delves deep into her centre to deliver her best statement to date. Intensely honest and introspective, sometimes plaintive, sometimes fierce, her songs have a way of settling into your heart and making a home, subtly weaving their magic into your soul.

The fierce bite of ‘Let it Hurt’ shatters the conception of traditions, capturing a moment of vulnerability in a relationship.

The veil further stripped away with the bare bones of ‘Letter to the Moon, a raw encounter into the life of a single mum.

Touching on the heritage of her family, Snez takes us on the journey from the migration of her parent’s motherland, Macedonia, to the working class, steelworks town of Port Kembla, featuring her mother’s story ‘Neptunes Daughter’, and capturing the steely essence of the blue collared life with ‘Steelworks Kids’.

It was recorded in the Mid North Coast at Soundshed Music, with producer Stewart Peters.

“It’s not quite folk, not quite pop. What I like about Snez is she’s not trying to be or sound like anyone else, her loyalty lies with the characters in her stories and making sure their story is told authentically,” Peters said.

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Narrandera Argus



Teachers protest outside of Murrumbidgee Regional High School at Griffith about a potential reduction in incentives for rural schools. Photos supplied.

Bush teacher crisis

Kim Woods

NSW state Member for Murray Helen Dalton has called on the NSW Government to guarantee it will not reduce incentive packages offered to teachers who work in rural NSW schools.

Mrs Dalton, a former primary teacher, said staff at several schools across Western NSW have walked off work recently, fed up with chronic teacher shortages.

"Rather than address these shortages, the NSW Government are actually looking at reducing the incentives to attract teachers to these schools," Mrs Dalton said.

"This will worsen the teacher shortage crisis and see rural students fall even further behind their Sydney peers."

Teachers at Darlington Point

Public School walked off work, protesting the NSW Government's failure to fill multiple vacancies at their school.

Gol Gol Public School, Coomealla High School and Wentworth Public Schools have also undertaken strike action in March, while Murrumbidgee Regional High School staff in Griffith walked off the job in December.

Mrs Dalton said teachers were concerned about the NSW Department of Education's Rural and Remote Incentives Review, which flags reducing incentives for rural schools.

"At present, the NSW Government offers incentives (such as bonuses, rental subsidies etc) for staff to move to rural schools," she said.

"Generally speaking, the further away you are from Sydney, the

more incentives they offer.

"However, this Department's latest review paper states schools near Wentworth benefit from being close to the Victorian town of Mildura, so may not warrant incentives.

"But these schools are doing it really tough, with multiple teacher vacancies and students missing classes, due to a lack of teachers.

"If the NSW Government reduce incentives, this situation will just get worse."

Mrs Dalton urged NSW Education Minister Sarah Mitchell to do the opposite: boost incentives at Western NSW schools, and talk to them to find out why recruitment is so difficult.

She is also critical of NSW Government plans to "turn tradies into teachers" mid-career.



"I don't think fast tracking qualifications to become a teacher is the right way to address the rural teacher shortage.

"I used to be a primary teacher. It's a tough job. A short course won't cut it."

NSW Minister for Education and Early Childhood Learning Sarah Mitchell accused Dalton of either deliberately misleading people on the issue or not fully understanding it.

Minister Mitchell said she requested the discussion paper on incentives for regional staff to understand how the system can be improved.

"Nowhere in the paper does it suggest reducing incentives for regional schools," she said.

"It will help us improve a system that hasn't been looked at in its entirety since 1904 and will give regional parents, teachers and staff

the opportunity to explain where they think we can improve.

"Incentives are designed to entice people to regional schools and support them to stay.

"We need to be encouraging people to consider teaching in regional and remote schools not scaring them away with lies."

Minister Mitchell said comments on staff shortages were also misleading.

"Darlington Point, Gol Gol and Wentworth public schools have no permanent vacancies as at April 5, 2021.

"Coomealla High School has one permanent vacancy which is close to being filled.

"I encourage the Member to join me in a proactive way to find better ways to support regional communities through our schools."

Pipe blockages to reduce ICAC dismisses request

NARRANDERA Shire Council has been working on key projects to improve the experience of residents regarding water and sewer.

The 2020/21 relining project started on March 29 with the required cleaning of the sewer lines.

The cleaning work includes a CCTV inspection and jet cleaning.

Every pipe has a life span and inevitably needs replacing. Relining is a way of renewing the old sewer pipes using 'no dig' technology.

This method pushes a thin layer of structurally sound plastic material inside the existing pipe which increases the life of the pipe by 50 to 60 years.

The sewer relining project scope includes sewer pipe relining, junction sealing and manhole relines.

With the completion of the project, residents will see a significant reduction of problematic pipe blockages.

For more information about this project contact Council's Water & Sewer Project Engineer Nivi Poudel on 02 6959 5510 or email council@narrandera.nsw.gov.au



Sewer reline project. Image supplied.

from front page

the office of the Member for Cootamundra, Transport for NSW and Narrandera Shire Council through an Order of Parliament.

Member for Murray Helen Dalton requested in October the Independent Commission Against Corruption investigate the matter of Hall being pressured by Mayor Neville Kschenka to stop questioning the rail study.

Commissioner Patricia McDonald said the Commission's Assessment Panel had considered the allegations raised and decided not to investigate the matter.

"While it might be argued that Cr Kschenka acted inap-

propriately when he instructed Cr Hall to no longer publicly question the NSW Government's actions with respect to the railway line feasibility study, the information before the Commission is not sufficient to indicate a likelihood that Cr Kschenka did so for corrupt reasons or that he otherwise engaged in corrupt conduct," Commissioner McDonald said.

"For conduct to be considered corrupt there needs to be an element of dishonesty or deliberate wrongdoing in order for the Commission to investigate a matter."

Narrandera Shire Council had no comment to make on the issue.

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Previous top hot rod winner Dennis and Tracey Athan's 1932 Ford Tudor with a tunnel rammed 383 Chev is part of the unofficial procession along East Street. Photo: Rusty Lake-Connolly.



Ricky Pinata, Bendigo, is a regular at all the Rod Runs and this year exhibited this red 1930 A model coupe. Photo: Alan Anderson.



Ken Hill was awarded Top Custom for his 1949 Mercury. Photo: Alan Anderson.

Rod Run hailed a spectacular event

Nicholas Rupolo

NARRANDERA'S first major COVID-Safe event has passed with flying colours and organisers deeming the 2021 Easter Rod Run as a spectacular weekend.

Organiser Steve Alldrick has applauded visitors and rodders for supporting the 36th annual Narrandera Rod Run and helping the local community and its businesses thrive.

The event was boosted by the State Government's announcement that outdoor restrictions had been lifted.

The Narrandera Sportsground was packed to capacity with 5000 attendees and 325 vehicles for the Show n' Shine on Easter Sunday.

"Our entrants were absolutely blown away," Alldrick said.

"On Monday at 10am the government lifted outdoor restrictions so another 2000 Eventbrite registrations were done by Thursday for the free event.

"We broke even money wise, but it's not about profit, we just want to cover costs after we lost money last year with the event unable to be staged due to COVID restrictions.

"All food outlets and all venues in town were either over-run with customers or booked out.

"Our entrants were encouraged to book ahead for food venues and businesses were able to cater for the additional crowds.

"Some places had been booked out for over a month and everyone spent a lot of money in town and we had all the places in town sponsor and look after us."

Easter Saturday night was also a special occasion for the town and rodders.

Given the event organisers along with the Narrandera Council couldn't close off the road for the lapping the

main down East Street, rod entrants lined up and lit up the streets with a spectacular unofficial drive.

"Everyone was well-behaved and Saturday night went great. We were stressed because we had no control but we were blown away and rapt with the police presence, working with the afternoon and pm shifts to create a great outcome," Alldrick said.

"The event organisers couldn't officially run it because we couldn't cap numbers in the street for COVID restrictions and numbers, but we knew people would go up and down the street regardless. We just had to support it the best way we can, for a non-event.

"We want to thank all the people that did the right thing and registered their details, all 325 entrants that pre-planned and got a ticket beforehand for the events and all the public that registered details.

"I want to thank the Narrandera community and Council and all the people that co-operated with government regulations.

"On Friday we had a pool party with entrants soaking up the refurbishment of the pool facilities and entertainment by Itchy Fingers. We thank Troy and Cinta for their hospitality.

"Entrants enjoyed lunch and refreshments at the pool."

Mr Alldrick said the sportsground was an ideal COVID-Safe fenced venue with spotless amenities and bins.

"Lastly, we extend our thanks to the entire town, from sponsors, Council staff and businesses down to individuals, for making this event the success it was," he said.

"People have already re-booked for 2022 and we are planning a big celebration for 50 years of rodding in Narrandera in 2023."

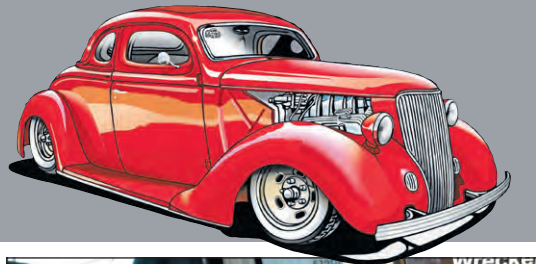


One of the five Queensland entries, a blown small block Chevy powered 1932 black Ford roadster. Photo: Rusty Lake-Connolly.



A 1966 Ford Mustang laps East Street during the unofficial cruise night. Photo: Rusty Lake-Connolly.

APRIL 2 – 5, 2021



Changes for safer roads

Safer roads are more forgiving and account for human error. If a driver or rider makes a mistake, safer roads can reduce the chance that it will result in a fatality or serious injury. In our region safety improvements including audio tactile marking and wide centrelines are being implemented to reduce the likelihood and severity of crashes.

Driver fatigue is one of the top three contributors to the road toll. Fatigue was a contributing factor in 43 per cent of fatal and serious injury crashes in Narrandera Shire in 2019.

Audio tactile line marking involves placing small, raised bumps along the edge of roads and/or down the centreline. They are sometimes referred to as “rumble strips” and alert drivers who may be falling asleep or distracted.

When a vehicle’s tyre drives over the line marking, they produce both a noise (audio) and vibration (tactile) warning drivers that their vehicle is leaving the lane, veering into oncoming traffic or off the edge of the road. Audio tactile line marking is usually installed offset to the standard line marking, so will only produce the audio tactile effect if a vehicle has left its lane.

Audio tactile line marking is intended to give drivers the opportunity to correct their path and reduce the risk of crashes due to driver inattention including fatigue. It is estimated to reduce the number of fatalities and injuries where a vehicle leaves the road by up to 25 per cent.

Head-on or run-off-road crashes accounted for 77 per cent of lives lost on NSW country roads in 2019.

Wide centrelines replace the existing centreline on a road with two new lines up to 1.5 metre apart, usually centrelines are 0.1 metre apart. The increased space between traffic provides additional reaction time if a driver unintentionally drifts across the centreline towards oncoming traffic. The width of the wide centreline varies depending on the traffic volume and road conditions.

It is estimated that wide centrelines reduce head-on crashes by 50 per cent. They can also reduce run-off-road crashes by up to 25 per cent. When audio tactile line marking is combined with wide centrelines, it can reduce fatalities and injuries from head-on crashes by up to 65 per cent.

Standard road rules apply when driving on a section of the road with a wide centreline. A solid line does not allow overtaking, but a broken line does.

In Narrandera Shire approximately 0.5-metre-wide centreline and audio tactile line marking is being implemented on the Sturt Highway, the Newell Highway, Irrigation Way and Burley Griffin Way, with some works already completed.

“Projects like these can mean the difference between someone getting home or not – and collectively make NSW roads safer for all of us,” said Paul Toole, NSW Minister for Regional Transport and Roads.

While the work is carried out there will be some temporary traffic changes to ensure the work zone is safe. Single lane closures and a reduced speed limit may affect travel times. Please keep to the speed limits and follow the direction of traffic controllers and signs. For the latest traffic updates visit livetraffic.com or download the Live Traffic NSW App.



Audio tactile line marking and wide centrelines are being implemented on our major roads to reduce crashes.

ABOVE: Rockin’ on East members Kim Law and Alan Alchin. Photo: Rusty Lake-Connolly.

LEFT: The award for Top Cruiser went to Nikki Menzies for her T model Tourer. Photo: Alan Anderson.



Event organiser Ray Alldrick with 12-16 years colouring competition runner-up, Emily Cardwell. Photo: Alan Anderson.



ABOVE: Top hot rod winner and second generation hot rodder Jake Hardy, Kilsyth, Vic, in his 1932 Ford coupe.

Jake has been to every rod run from the pram to the driver’s seat. The car is being driven by Bridget Jones.

Photo: Alan Anderson.



LEFT: Colin Pettigrew, Narrandera, had his FC Holden voted as the Top Ride. Photo: Alan Anderson.

MORE PHOTOS ON PAGE 17



Save the date

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Skin care service now available in Narrandera



LEETON Skin is now offering a surgical service out of the Narrandera Hospital, along with head-to-toe skin checks.

Dr Mark Chernoff (pictured left) is a GP surgeon with training in plastic and general surgery.

He started at the Leeton practice in September and he performs difficult surgeries for skin cancer, large lumps and bumps, fingers, or toes.

Patients can inquire about surgery at the Leeton consulting rooms in Wade Avenue and there is no referral required.

They are proud to offer surgical services locally so Narrandera patients can avoid the drive to Wagga.

Leeton Skin offer Molemap technology for Riverina residents with head-to-toe skin checks performed with any suspicious spots being photographed and interpreted by a specialist dermatologist.

Any required management can then



Head-to-toe skin checks are performed with any suspicious spots being photographed and interpreted by a specialist dermatologist. Photo supplied.

be offered in-house providing patients a one-stop-shop.

For patients with acne scarring, red face, sun damage or freckling, Leeton Skin offer laser treatments, painless hair removal, skin tightening and fat removal.

LeetonSkin also offer SkinCeuticals products

– one of the best-selling physician-dispensed skin care range worldwide. These products treat ageing skin, acne, redness, fine-lines, and wrinkles.

Book a free consultation with one of their nurses to see which products can help you.

Heritage trains to service festivals

HERITAGE trains may soon be servicing the major festivals and events throughout the Riverina.

Lachlan Valley Railway, a not-for-profit rail heritage organisation, is planning to bring a heritage train to Junee for restoration and reactivation locally at the Junee Railway workshop for main line operation.

The organisation is planning to work with job/training providers to help in training and education programs in passenger train operation, including on-board services and hospitality.

Once the restoration is finished, the train will be based from Junee and operate throughout the Riverina for tourism and to support local events.

This will provide a bespoke experience unique to the region transporting 150 people from town to town.

The proposal is set to benefit accommodation providers, restaurants, retail

and tourism related businesses.

There is no heritage train with access to main lines within the Murray Riverina region.

Lachlan Valley Railway operated two Southern Aurora style trains through the Riverina region (ex Sydney) with great success bring 260 tourists to the regions over two hours.

“If we could introduce a new full-time, efficient tourist train service every town that is rail accessible (or rail and coach accessible) will benefit,” a spokesperson said.

“A few ideas include the Henty Machinery Field Days, race days at Albury and Wagga, and the Art Deco Festival at Leeton.”

During their lifespan, the trains operated as the Canberra Monaro Express, Northern Tablelands Express and Far West Express.

Essential flight for little Millie

NARRANDERA girl Millie together with her mother Matilda (pictured below) had their first Angel Flight experience for appointments with Sydney specialists.

Millie requires frequent check-ups for her medical condition that are not locally available.

The alternative to an Angel Flight would be a long and tiring road trip but with the assistance of Angel Flight volunteers Millie and Matilda were able to get from Narrandera to Sydney in just two hours.

After Millie's first flight her mother Matilda sent this thankful email to Angel Flight:

“Just wanting a huge thank you to everyone at Angel Flight. Thank you to

Danielle for organising it all, Darrell and Neville for flying us to Sydney and back, and Jerzy for picking us up and dropping us off at the airport! You guys are truly amazing,” she said.

“What is normally a minimum 12 hour round trip for Millie and myself (with lots of stops for car sickness and anxiety) was made so much easier.

“She was a lot calmer and happier than when we drive and it was her first time on a plane so thank you all again so much.”

Each year the Angel Flight charity provides essential and invaluable flights to thousands of Australians from a wide range of regional and remote communities.



Barellan takes flight

ROB Walker's long held dream to open an on-farm aviation museum is due to come to fruition on April 10 with the official opening of the Whispering Pines Aviation Museum.

The museum is based on the Barellan property, Whispering Pines, owned by Rob and his wife Betina.

The invitation-only official opening will take place on Saturday, April 10 at 10am.

Guests are expected to fly in from Sydney and the Wagga Aero Club for the event.

Mrs Walker said her husband had worked hard over summer to assemble around 15 planes for display.

A transportable five-roomed cabin now houses Robert's collection of memorabilia and model aeroplanes.

The outdoor collection includes a Douglas DC-3 from the defunct Australian Aviation Museum at Bankstown.

There is a total of 33 aircraft at the Whispering Pines museum, including a Scottish Aviation Twin Pioneer, De Havilland Dove, and a Clancy Sky Baby mono-

plane once flown by Sir Charles Kingsford Smith.

Mrs Walker said the museum would be open to the public over the autumn-winter.



Rob Walker has had a lifelong fascination with aviation and will officially open his on-farm museum this month. Photo: Kim Woods.

Restocking with fingerlings

A RESTOCKING program by the Narrandera Fisheries Centre has resulted in a release of 10,000 golden perch fingerlings into Lake Talbot.

Centre hatchery manager Matthew McLellan and staff member Lachie Jess released the fingerlings last week at Rocky Water Holes under a restocking program funded by the NSW Government's Fresh Water Fish Stocking program and Recreational Fishing Licence trust.

Mr McLellan said the batch of eight to 10-week-old golden perch were one of last releases of the year to come out of the Narrandera Fisheries Centre.

Lake Talbot was stocked with 4000 Murray Cod fingerlings in January.

“We have also stocked a number of lakes, dams and rivers from Pindari Dam in the north to Lake Mulwala in the south, with Murray Cod, Golden Perch and Silver Perch,” Mr McLellan said.

“We are coming to the end of our stocking season soon.”

Mr McLellan said the entire state was within a single genetic zone for golden perch brood stock.

“The golden perch released in to Lake Talbot were from brood stock we got from the Murray River.”

The brood stock are given a hormone injection

to induce spawning and the golden perch larvae are introduced to outdoor ponds filled with plankton.

After six to eight weeks, the pond is drained and fingerlings captured for counting, a health check and quarantining for 24 hours.

“In that time, they grow from a few mm up to 40mm and that's when we harvest them,” he said.

“If the water quality where they are going to is significantly different, we take the time to acclimate them before release.

“In 18 months to two years, these fish will be big enough for people to start catching them.

“From birth to fingerling we have a 30 per cent survival

rate in golden perch larvae.

“In the wild, a golden perch female will produce 250,000 eggs but survival rates are incredibly low.

“In our brood ponds, we have five pairs contributing equally to encourage genetic diversity in the restockings.”

The breeding program returns in September with fingerlings ready for restocking in late November.

Mr McLellan said the new ponds were now operational and a new hatchery was due to be completed for opening in 2022.

He said the John Lake visitors centre has now been reopened for several months following COVID.



Lachie Jess, NSW DPI, releases 10,000 golden perch fingerlings into Lake Talbot. Photo supplied.

Narrandera Argus

Regional Roundup



The MIA Cruisers Show and Shine had 510 metres of cars, trucks and motorcycles from all eras. Photos: Kim Woods.

Classic car success

LEETON **Kim Woods**
ENTRANTS from Leeton, Narrandera, Griffith, Wagga Wagga and beyond converged on Leeton's No.1 Oval for a carnival of colour and noise in the MIA Cruisers Show and Shine on Saturday.

The Show and Shine was the first major event for MIA Cruisers and for the town since COVID, and featured 510 metres of cars on display.

MIA Cruisers president David Warburton said the show and shine drew more than 180 cars aged from the vintage 1920s to the modern models.

"I'm amazed at the big crowd here today but there is not a lot on over Easter in town," he said.

"This year we incorporated trucks and that section will only get bigger.

"We will be making the show and shine an annual event coinciding with the SunRice Festival.

"We are a non-profit organisation and the gold coin entry will be donated to charity."

Truck show coordinator Dudley Dunbar said the category was supported by Preston's Transport, DaPaoli Transport, Market Express, South Cotton, Harold Tatt.

The motorbike section was supported by Leeton Motorcycle Club.

"We sent out 50 invitations to local and Riverina car clubs as far as Jerilderie, Cootamundra to partici-

pate," Mr Warburton said.

"We didn't want to interfere with the Narrandera Rod Run so finished early to allow them to get on with their program.

"MIA Cruisers has 80 active members and we promote a family friendly atmosphere.

"There is no need to be a car owner to belong – you can be a car enthusiast and take your normal car on our runs."

Among the supporting clubs was the Griffith Custom and Classic Car Club and Expatriates Auto Club, Griffith.

The biggest drawcard on the day was a 1970 HG GTS Monaro in Vespers Blue metallic owned by Wagga fireman Patrick O'Brien, a foundation member of Riverina Monaro.

Valued at \$200,000, the Monaro had been meticulously stripped down by O'Brien, with each part photographed.

Powered by a 350 Chev, the Monaro has custom grey upholstery with blue piping but was originally bronze with a white vinyl roof on the exterior.

The car has won 77 awards and has 31,000 miles on the clock.

Mr O'Brien said the car was street registered and is driven occasionally. He bought it from Emerald, Qld, and it took 2.5 years to rebuild.



Wagga fireman Patrick O'Brien with his HG GTS Monaro on display at the MIA Cruisers Show and Shine.

The Show and Shine winners on the day were:

Pre 1960s:

1. Don Campbell, Cobram, Red Belair

1960-1969:

1. Stephen Brown, Griffith, FB Holden
2. David Armanini, Griffith, HR Premier

1970-1979:

1. Patrick O'Brien, Wagga, HG Coupe
2. Darren Puls, Wagga, Corvette

1980-1989:

1. Andrew Cameron, Griffith, WB Statesman
2. Zac Browning, Griffith, blue VH

1990-2009:

1. Dick Stirling, Temora, GT 500
2. Renzo Manerte, Griffith, Green Bullet

Best Sedan:

1. Lisa Fisher, Narrandera, XY GT
2. Barry Rial, Wagga, HQ SS

Best Coupe:

1. Joe Sevinio, Leeton, XC Cobra
2. Allan Bennett, Griffith, Galaxy Convertible

Best Ute:

1. Ricky Bright, Narrandera, Chevy ute
2. Glenn Tye, Wagga, XM

Best long roof:

1. John Leggo, Gippsland, F100 wagon
2. Peter Williams, Griffith, EH wagon

Best Torana:

1. Kelly Nielsen-Rial, Uranquinty, orange SLR
2. Stephen Browning, SL red Torana

Best Modified:

1. Shane Hill, Griffith, ute
2. Stuart Black, A model Ford

Best modern bike:

1. Nathan Hawkins, soft tail

Best Classic bike:

1. Trevor Dodds, Leeton, Z900.

Best Truck:

1. Michael Ierano, Leeton, Market Express, Kenworth
2. Justin Coggan, JDP Logistics, Leeton

Best Represented Club:

1. Griffith Custom and Classic
2. Ex-Patriots

Best Mullet: Cowboy

Best on Show:

Liane Gawne, Leeton, Mustang



Mustang victory

LEETON

LIANE Gawne couldn't believe her ears when her red and white Mustang was named as Best in Show at the MIA Cruisers Show and Shine.

She admitted the competition was fierce with almost 200 cars, trucks and motorbikes at the Leeton event on Easter Saturday.

Liane said the story of the Mustang began with a love of old cars by her husband, James.

"He has quite a few gorgeous old cars and convinced me not to replace my car with a new one – once I saw the Mustang, that was all I wanted," she said.

The couple sourced the 1966 Mustang GT from a Melbourne collector who had done all the hard restoration work.

Liane and James Gawne, Leeton, won Best on Show for their fully restored 1966 Mustang GT. Photo: Kim Woods.

"Once I drove it for the first time, I said that is it – I didn't want to drive a (modern) car," Liane said.

"We bought it a year ago but because of COVID she hasn't had many outings.

"I love her, she's beautiful and needs to be driven more often – the aim is to drive it more regularly in the warmer weather.

"She won People's Choice a year ago at Coolamon but this is the first show we have been to since COVID.

"There were some amazing cars here today. It is a beautifully appointed car but there is something about a Mustang that people just love.

"A lot of people have fond memories of Mustangs growing up.

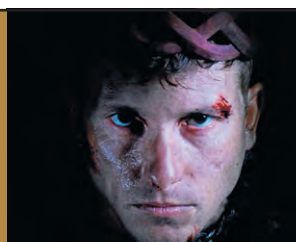
"She is beautiful to drive and has lots of power."

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Get up close and personal with Human Nature as these world-renowned entertainers and much-loved Australians perform their greatest hits from across their extraordinary career. Photo supplied.

Autumn festivals

MURRUMBIDGEE

RELAXING in the beautiful balmy autumn sunshine, great live music food in the company of family and friends is Murrumbidgee Council's vision for the Autumn Festivals being held across the Council area.

Murrumbidgee Council convenor Eden Hercus is hoping for a great turnout to these free community events.

"They're particularly aimed at our youth and their families however everyone is welcome to come along and enjoy the festival," Mrs Hercus said. "We're asking people to bring a picnic rug or chair, some nibbles and drink, and settle in and enjoy a great afternoon's live entertainment. A free sausage sizzle and children's activities will also be available."

The event will be held at Darlington Point on Sunday, April 11, at the CWA Park, Hay Street, from 3-6pm with

entertainment by Blume Events.

Activities at Coleambally will be at the Community Hall on Sunday, May 9 from 12pm-23pm with entertainment by Daveswa and the Cotton Thieves.

Steph Durden Performances will entertain at the Monash Park Oval, Jerilderie, on Sunday, April 18 at 3-6pm and follow the MC Colour Run.

Guests will be asked to sign-in with a QR code on arrival which will also put them in the running for some great lucky door prizes.

This free event has been made possible with funding from the Murrumbidgee Primary Health Network through the Australian Government's PHN Program and Empowering our Communities Program.

More information is available on Council's website or by telephoning 1300 676 243.

Creative arts remain fresh

COOLAMON

COOLAMON'S Up2Date Art Exhibition and Capture Coolamon photography contests will join forces to create the Coolamon Shire Creative Arts Festival this year.

Now in its tenth year the Capture Coolamon Shire Committee agreed that steps needed to be taken to ensure the event remained fresh and relevant.

The two main events of the festival will remain as the Capture Coolamon Shire Photo Competition and the Up2Date Art Exhibition.

Logistics of this are yet to be discussed at length and finer details will need to be planned and discussed within both groups.

Initial thoughts are the Up2Date Art Exhibition would remain set up within the interior of the Up to Date Store and Capture Coolamon would be located within the museum space/Garth Jones Collection to create a walk through exhibition space.

It is anticipated no money will need to be exchanged between the two committees and each exhibition would run as usual.

The biggest potential loss to Capture Coolamon would be the opening night. Historically, the opening night has paid for itself and not been added or taken from the year's totals.

Coolamon Council general manager

Tony Donoghue said Capture Coolamon was not a fundraising venture.

"It pays for itself and will continue to do so and it is anticipated that the art show will continue to raise funds as usual."

Mr Donoghue said there would be a collaborative marketing approach with the opportunity for other groups/community groups/businesses to list arts and cultural events within the festival dates, using the same submission process as the "It's On!" seasonal event guide.

There was also proposed festival gala opening night at the rear of the Up-to-Date Store, with food trucks, entertainment and alcohol vendors.

By aligning these two events and creating a joint marketing campaign, Council staff believe this will increase visitation to the Coolamon Shire which will in turn benefit businesses and attract operators.

Whilst it could be argued each event brings its own respective visitation, it is the belief of the Capture committee visitation to the exhibition is usually locals, entrants and family members,

Council will continue to support Capture Coolamon Shire with the major prize and runner-up prize and the Up2Date Art Show Acquisition Prize.

www.narranderaargus.com.au

Music icons at Griffith

GRIFFITH

AUSTRALIA'S homegrown heroes and ARIA Hall of Fame inductees Human Nature are returning to their roots, bringing together 30 years of performances for a never-before-seen intimate, bespoke concert tour of the Australian heartland.

Tickets will sell fast as the guys visit regional areas, including Griffith, to meet fans and make new friends across this vast land – starting in Queensland in April and May and moving into regional New South Wales, Victoria and South Australia.

They will stage two performances at the Griffith Regional Theatre on May 27-28.

Get ready for a night of the best songs ever written, including their original hits, Motown classics

and more – all performed with vocals upfront in an acoustic mode. Fans will know all the words to their big hits including "Telling Everybody", "Wishes", "When You Say You Love Me", "Reach Out I'll Be There", "Will You Love Me Tomorrow" and many more.

Human Nature will perform stripped back but the audience will be dancing on their feet as they take a journey through their extraordinary career as one of Australia's most loved and globally successful bands of all time.

Toby Allen, Phil Burton and brothers, Andrew and Mike Tierney will each share their favourite stories from the road and the recording studio as they delve into 30 years of history and friendship.

Human Nature are one of

Australia's greatest musical success stories and exports. The foursome have sold more than 2.5 million albums, earned 27 platinum awards, 18 top 40 hits and five top 10 hits worldwide.

In 2019 each member of Human Nature were awarded the Medal of the Order of Australia (OAM) as well as being inducted into the ARIA Hall of Fame.

They dominated the Las Vegas strip for over a decade with their critically acclaimed residency at the prestigious Venetian Resort, performing over 2000 shows.

They celebrated 30 years as a band and released their brand new original single 'Nobody Just Like You' in 2020 from their upcoming 'Good Good Life' EP, due for release in 2021.

Frolics and fundraising at rally

TEAMS from Lockhart and Coolamon have just returned from the 2021 Riverina Redneck Rally for Country Hope.

Lockhart's Shaun Gooden and Daniel Hockings from Team 'Just Floatin' raised \$3200 while Ian Hunt and Brendan Forbes from Team 'Falcon Hell' raised \$1970.

The rally saw 70 odd cars leave Coolamon on Monday, March 15 and they headed to Rockley for a chilly night, keeping warm fixing a few breakdowns.

Tuesday saw the teams head to Nymagee via a lap around Mount Panorama.

On Wednesday teams dressed

in St Patrick's Day theme and headed to Carrathool in the rain, providing some fun in the mud.

Thursday was "Super Hero" Day where the teams headed from Carrathool to Euston. Some teams had the privilege of delivering books and toys to the excited children at Clare Primary School.

Friday saw the teams dress in Pink for Breast Cancer Awareness and make their final journey to Jerilderie to wrap up another successful Riverina Redneck Rally.

Total funds raised for Country Hope over the duration of the Rally was \$402,564 while \$12,713 was raised to support the

Coolamon Shire Community Benefit Fund.

The reason they chose to start the rally in Coolamon was due to the fundraising efforts of the local team consisting of Ricky Hard and Dwight Sinclair.

Coolamon Shire Council general manager Tony Donoghue praised this great effort.

On the final night before starting the rally, organisers held a fundraising event at the Coolamon Sport and Recreation Club to support the Benefit Fund.

On the night, the rally raised funds to help families in need of support as a result of unforeseen hardship.\

Reward offered for information

WANTABADGERY

THE NSW Government has announced a \$250,000 reward for information that may assist to identify the driver of a vehicle that hit and killed a 15-year-old boy in the Riverina just over two years ago.

About 1.30am on Wednesday, December 19, 2018, emergency services were called to River Road, Wantabadgery, about 40km east of Wagga Wagga, after a passing motorist saw a person lying on the road.

The driver stopped to render assistance and discovered it was the body of a teenage boy.

The body has since been identified as 15-year-old Braydon Worlton from Wantabadgery.

Strike Force Dunstable was established by detectives from Riverina Police District to investigate the circumstances surrounding the boy's death.

They've confirmed Braydon was last seen alive during the evening of Tuesday, December 18, 2018. Investigations lead police to believe he may have been hit by a heavy vehicle fitted with a bull bar, travelling along River Road. Braydon was believed to be on foot and walking near his grandfather's house.

Police are seeking any information from the public in relation to heavy vehicles that use River Road, Wantabadgery as well as those that

may have been in the Wantabadgery area on the night of the incident (December 18 2018).

Minister for Police and Emergency Services David Elliott hopes this reward will help encourage anyone with information to come forward and assist police find much needed answers for the family and friends of Braydon.

"This young man had a life ahead of him that was tragically cut short in December 2018. I hope the NSW Government's \$250,000 reward could be the incentive that is needed to encourage people to come forward and report to police to help find answers for Braydon's family," Minister Elliott said.

"Any information, no matter how small, could be the piece that police need to solve this case."

Riverina Police District Crime Manager Detective Inspector Adrian Telfer said police are leaving no stone unturned.

"We are continuing to follow up on information provided by the public as well as our own avenues of investigation," Det Insp Telfer said.

"We believe someone in the community might hold that vital information which will help us provide answers to Braydon's mother, Crystal, and the rest of his family regarding the circumstances of Braydon's death.

"Any information that can be provided by the public is invaluable," he said.

Street art at pool Tip fire

MURRUMBIDGEE

JERILDERIE Swimming Pool is undergoing a major transformation as Melbourne graffiti and street artist Matt Thompson along with Lloyd Knowles have travelled to the Riverina to complete a mural commissioned by Murrumbidgee Council.

"It's great to be in Jerilderie. It's really nice to come and explore areas I haven't been to previously," Mr Thompson said.

"It's an opportunity to come and see it first-hand see what the

town is about and meet people.

"It's a real honour to then be able to complete an installation right on the main road which everyone is going to see.

"This project will bring a bit of life to an otherwise grey building. Getting here, being able to see the colours and the native landscape – hopefully this will fit in really nicely and tie in with the surrounds, so I'm looking forward to finishing it."

BARELLAN

A FIRE broke out at the Barellan tip on Good Friday but the Barellan Volunteer Rural Fire Brigade was quickly on the scene.

Fire had reached the pile of scrap iron and was well alight, leaving great risk to gas bottle explosions and entering tyre/chemical drum areas potentially able to burn for days.

Brigade crews extinguished the high-risk areas within a few hours. The tip has been closed until further notice.

[Narrandera Argus](http://www.narranderaargus.com.au)

In Our Nature

13 – 24 APRIL 2021



Sharing, growing your experiences

A GARDEN tour, seedling workshop and bush tucker walk are among almost 80 initiatives connecting older people through the NSW Government's Seniors Festival Grants Program.

Each year the NSW Seniors Festival provides a diverse range of programs and activities to seniors across the State enabling them to remain active, healthy and engaged.

Minister for Seniors Geoff Lee said the festival provides a chance for seniors to socialise, enjoy new experiences and continue learning.

"This year's theme 'In Our Nature' provides a great opportunity for seniors to connect with the great outdoors, promote healthy living and maybe even try a new activity like chair yoga," Mr Lee said.

Grow Together – a social network focused on combating social isolation for seniors through sharing photos and stories about gardening – will be one

of many stall holders at the NSW Seniors Festival exhibition.

"Research shows the most effective way to learn about technology is through a hobby or subject you enjoy, and a love of gardening is something many seniors share," Grow Together CEO and Founder Judy Friedlander said.

The NSW Government's Seniors Festival grant recipients include a range of organisations, ensuring the festival has a diverse line-up. Activities include a comedy show, art exhibitions, high tea, drum circles and intergenerational dances.

The rose of the NSW Seniors Festival will be the Premier's Gala Concert with internationally acclaimed Motown performers, Human Nature, headlining.

Events and initiatives will run across the State, kicking off on April 13 and continuing until April 24.



Maximising the good parts

GETTING older doesn't mean you have to suffer medical conditions or poor quality of life if you look after your health and live a fulfilling life.

While many bodily changes are a natural part of ageing, they don't have to slow you down – there's a lot you can do to protect your body and keep it as healthy as possible.

Maintaining friendships and being socially active are important parts of healthy, happy ageing.

The challenge is to maximise the good parts of getting older while taking proactive steps to maintain health and minimize the negative aspects.

Bones become thinner and more brittle with age as they lose mass, or density, sometimes resulting in osteoporosis. Low bone mass raises risk of broken bones, including in the vertebrae (bones of the spine), which can cause a stooped posture and loss of height.

While low bone mass and osteoporosis are more common in women, they can occur in men so seniors should talk with their physician about what to do to prevent osteoporosis. Often the first sign is a broken bone.

As you age, large arteries become stiffer, a condition called arteriosclerosis, contributing to higher blood pressure. The walls of the arteries also tend to accumulate a build-up of fatty deposits, called plaques, which also harden and narrow the arteries, reducing blood flow to the heart. The build-up of fatty deposits is called atherosclerosis, and a build-up of plaque in the arteries leading to your heart is known as coronary artery disease and is a major risk factor for heart attack.

While not all of the heart and blood vessel changes associated with ageing can be controlled, following a healthy diet and getting regular physical activity

can almost always help to keep your arteries and heart healthier for longer.

It's also common for people to experience some slight forgetfulness as they get older and their ability to process new information or to multitask may slow with age as well. However, when confusion and memory problems go beyond the occasional "senior moment," that's not normal and should be checked out by a medical professional.

As people age, their digestive tract slows down and doesn't contract as often as it did when younger, which can lead to constipation, stomach pain, and feelings of nausea. Many medications also cause or contribute to constipation. To prevent these digestive problems, follow a diet that's rich in fibre, drink plenty of fluids, keep as active as possible and do your best to manage stress.

Fortunately, many of these physical issues related to age can be readily treated.

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SENIORS FEST in Narrandera

Narrandera Shire Council will celebrate NSW Seniors Festival from Monday April 19 to Friday April 23 with a range of special activities.

Due to COVID requirements, bookings will be required for ALL activities. Some activities have a limited number of places available.

For bookings and information on Seniors Festival activities please contact Narrandera Library on 6959 5585 or email library@narrandera.nsw.gov.au.

Savvy Seniors Tablet Training Monday April 19 10.30am – 11.30am	Narrandera Library	FREE
Third Age Yoga Tuesday April 20 9.30am	Trinity Yoga, Bolton St	Numbers limited, bookings essential
Savvy Seniors Road Safety Workshop Tuesday April 20 includes lunch 11am – 2pm	Narrandera Ex-Servicemen's Club	Numbers limited, bookings essential
Narrandera Nattering Knitters Morning Tea & Knitting Wednesday April 21 10.30am – 12noon	Narrandera Library	FREE
Introduction to Pilates with Rachael Wednesday April 21 4pm	CRC Hall	Numbers limited, bookings essential
Bingo Thursday April 22 1pm	Narrandera Seniors Centre	
Henry V at the Roxy (Live theatre production) Thursday April 22 Venue: Roxy Theatre, Leeton 6pm	Bus departs Narrandera VIC	Numbers limited, bookings essential
Musicals & Morning/Afternoon Tea Friday April 23 10.30am & 2pm	Narrandera Library	FREE

Events sponsored by



THURSDAY APRIL 8



9:00 ABC News [s] **10:00** Everyone's A Critic (PG) [s] **10:30** Anh's Brush With Fame (PG) [s] **11:00** Invisible Wars (PG) [s] **12:00** ABC News [s] **1:00** Hard Quiz (PG) [s] **1:30** The Weekly (PG) [s] **1:55** Shakespeare And Hathaway (PG) [s] **3:00** ABC News [s] **4:10** Think Tank (PG) [s] **5:10** Grand Designs (PG) [s] **6:00** The Drum [s] **6:55** Sammy J [s] **7:00** ABC News [s] **7:30** 7.30 (PG) [s] **8:00** Back Roads [s] **8:30** Q&A [s] **9:35** Kurt Fearnley's One Plus One [s] **10:05** Aussie Inventions That Changed The World (PG) [s]

7TWO **12:00** House Of Wellness **1:00** Peter Andre's 60 Minute Make-over (PG) **2:00** Harry's Practice **2:30** Million Dollar Minute **3:30** Creek To Coast **4:00** Better Homes And Gardens **5:30** Escape To The Country **6:30** Bargain Hunt (PG) **7:30** Father Brown (PG) **8:30** Murdoch Mysteries (MA15+) **11:30** Andrew Denton's Interview

ME **2:50** Art Ninja **3:30** Operation Ouch! (PG) **4:00** The Drawing Show **4:30** Odd Squad **5:20** Miraculous: Tales Of Ladybug And Cat Noir **6:00** Spirit Riding Free (PG) **6:30** Operation Ouch! **7:00** Deadly Dinosaurs **7:30** Shaun The Sheep **8:00** Thunderbirds Are Go **8:35** Wishfart! (PG) **8:55** Moka's Fabulous Adventures!



6:00 Sunrise [s] **9:00** The Morning Show [s] **11:30** Seven Morning News [s] **12:00** Movie: "Two Against Time" (PG) ('02) Stars: Ellen Muth **2:00** Motorbike Cops (M) [s] **2:30** Coastwatch Oz (PG) [s] **3:00** The Chase UK [s] **4:00** Seven News At 4 [s] **5:00** The Chase Australia [s] **6:00** Seven News [s] **7:00** Home And Away (PG) [s] **7:30** Dancing On Thin Ice With Torvill & Dean (PG) [s] **9:00** Movie: "The Second Best Exotic Marigold Hotel" (PG) ('15) Stars: Dame Judi Dench **11:30** The Latest Seven News [s]

7mate **1:30** Pawn Stars (PG) **2:00** Alaska's Ultimate Bush Pilots (PG) **3:00** The Simpsons (PG) **4:00** Al McGlashan's Fish'n With Mates (PG) **4:30** Shipping Wars (PG) **5:30** Storage Wars (PG) **6:00** American Pickers (PG) **7:00** AFL: Round 4: Sydney v Essendon "Live" **10:30** Movie: "3:10 To Yuma" (MA15+) ('07)

TV **6:25** Peter Rabbit **7:00** Dino Dana **7:30** Spicks And Specks (PG) **8:00** Doctor Who (PG) **8:45** Penn And Teller: Fool Us (PG) **9:30** Hard Quiz (PG) **10:00** The Weekly With Charlie Pickering (M) **10:30** You Can't Ask That (M) **11:00** That Pacific Sports Show **11:30** Magical Land Of Oz **12:30** Parks And Recreation (M I,s) **12:55** Reno 911! (M)



5:30 Today [s] **9:00** Today Extra [s] **11:30** NINE's Morning News [s] **12:00** Ellen (PG) [s] **1:00** Getaway [s] **1:30** Married At First Sight (M) [s] **3:00** Tipping Point [s] **4:00** NINE's Afternoon News [s] **5:00** Millionaire Hot Seat [s] **6:00** NINE News [s] **7:00** A Current Affair (PG) [s] **7:30** NRL: South Sydney Rabbitohs v Brisbane Broncos "Live" [s] **9:45** NRL: Knock Off [s] **10:30** Manifest (M) [s] **11:30** Law & Order: Criminal Intent (M v) [s] **12:10** Tipping Point [s] **1:00** Award Winning Tasmania [s] **1:30** Home Shopping

7flix **1:00** Me, Myself & I (PG) **2:00** Splitting Up Together (PG) **3:00** The Goldbergs (PG) **3:30** How I Met Your Mother (PG) **4:30** Futurama (PG) **5:00** The Simpsons (PG) **6:00** Futurama (PG) **6:30** The Simpsons (PG) **7:30** Cold Case (M v) **9:30** Without A Trace (M d,v) **10:30** Numb3rs (M) **11:30** Bones (M v) **3:30** Black-ish (PG)

ABC NEWS **3:00** ABC News Afternoons **4:00** Afternoon Briefing **5:00** ABC News Hour **6:00** ABC Evening News **7:00** ABC National News **8:00** ABC News Tonight **8:45** The Business **9:00** ABC Nightly News **9:30** 7.30 **10:00** The World **11:00** The Drum **12:00** ABC Late News **12:15** The Business **12:30** Back Roads **1:00** ABC Late News



6:00 Entertainment Tonight [s] **6:30** Farm To Fork [s] **7:00** Headline News [s] **8:30** Studio 10 (PG) [s] **12:00** Dr Phil (PG) [s] **1:00** TBA **2:00** Entertainment Tonight [s] **2:30** Everyday Gourmet [s] **3:00** Judge Judy (PG) [s] **3:30** Farm To Fork [s] **4:00** Good Chef Bad Chef [s] **4:30** The Bold And The Beautiful (PG) [s] **5:00** 10 News First [s] **6:30** The Project (PG) [s] **7:30** Bondi Rescue (PG) [s] Territory Cops (PG) [s] **8:30** Gogglebox (M) [s] **9:30** Law & Order: SVU (M) [s] **10:30** This Is Us (M) [s] **11:30** WIN's All Australian News [s]

WIN BOLD **2:00** Star Trek: Voyager (PG) **3:00** Diagnosis Murder (PG) **5:00** JAG (PG) **7:00** Bondi Rescue (PG) **7:30** NCIS (M) **8:30** Hawaii Five-O (M v) **9:30** LA's Finest (M v,s) **10:30** NCIS: Los Angeles (M v) **11:30** NCIS (M) **12:30** Home Shopping **2:00** MacGyver (PG) **3:00** Diagnosis Murder (PG) **4:00** JAG (PG) **5:00** Star Trek: Voyager (PG)

Gem **3:20** Movie: "Some People" (G) ('62) Stars: Kenneth More **5:20** Heartbeat (PG) **6:30** Antiques Roadshow **7:30** Taronga: Who's Who In The Zoo (PG) **8:30** Emergency (M) **9:30** Call The Midwife (M) **10:40** The Equalizer (M) **11:40** See No Evil (M v) **12:35** Antiques Roadshow **1:00** Home Shopping **4:30** Religious Programs



5:30 Worldwatch **1:00** PBS Newshour **2:00** Destination Flavour China Bitesize **2:15** Watergate (M s) **3:05** Who Do You Think You Are? (PG) **4:15** The Kennedys (PG) **5:05** Jeopardy! (PG) **5:30** Letters And Numbers **6:00** Mastermind Australia **6:30** SBS World News **7:35** The World's Busiest Stations (PG) **8:30** Michael Mosley: Trust Me, I'm A Doctor (M) **9:30** Shadowplay (M) (In English/ German) **10:25** SBS World News Late **10:55** Baghdad Central (MA15+) (In English/ Arabic) **11:50** The Good Fight (M I,s)

WIN Peach **12:00** WIN's All Australian News **1:00** Murphy Brown (PG) **2:00** Carol's Second Act (PG) **3:00** Everybody Loves Raymond (PG) **4:00** Becker (PG) **5:00** Frasier (PG) **6:00** Friends (PG) **6:30** Neighbours (PG) **7:00** Friends (PG) **8:00** The Big Bang Theory (PG) **9:30** Seinfeld (PG) **11:00** Man With A Plan (PG)

VICELAND **4:15** PBS Newshour **5:15** Basketball: NBL Overtime **5:45** Shortland Street (PG) **6:15** Taskmaster (PG) (In Norwegian) **7:05** Jeopardy! (PG) **7:30** NITV News Update **7:35** 8 Out Of 10 Cats Does Countdown (PG) **8:30** The Curse Of Oak Island (PG) **9:15** American Runestone: A Viking Mystery (PG)

FRIDAY APRIL 9



6:00 News Breakfast [s] **9:00** ABC News [s] **10:00** Q&A [s] **11:00** Stackorama! [s] **12:00** ABC News [s] **1:00** Back Roads (PG) [s] **1:30** That Pacific Sports Show [s] **2:00** Doctor Foster (M I,s) [s] **3:00** ABC News [s] **4:10** Think Tank (PG) [s] **5:10** Grand Designs (PG) [s] **6:00** The Drum [s] **7:00** ABC News [s] **7:30** Gardening Australia [s] **8:30** Vera (M v) [s] **10:00** Keeping Faith (PG) [s] **11:00** ABC Late News [s] **11:15** The Vaccine [s] **11:35** The Weekly (PG) [s] **12:05** Fisk (M) [s] **12:35** rage (MA15+) [s]

7TWO **12:00** House Of Wellness **1:00** Peter Andre's 60 Minute Makeover (PG) **2:00** Harry's Practice **2:30** Million Dollar Minute **3:30** Weekender **4:00** Better Homes And Gardens **5:30** Escape To The Country **6:30** Bargain Hunt **7:30** Border Patrol (PG) **8:30** Escape To The Country **9:30** Selling Houses Australia (PG)

ME **2:50** Art Ninja **3:30** Operation Ouch! (PG) **4:00** The Drawing Show **4:30** Odd Squad **5:20** Miraculous: Tales Of Ladybug And Cat Noir **6:00** Spirit Riding Free (PG) **6:30** Operation Ouch! **7:00** Katy (PG) **8:30** Good Game Showpoint **8:50** Fruits Basket **9:15** Boruto: Naruto Next Generations (PG) **9:35** Radiant (PG)



6:00 Sunrise [s] **9:00** The Morning Show [s] **11:30** Seven Morning News [s] **12:00** Movie: "Spinout" (G) ('66) Stars: Xavier Samuel **2:00** House Of Wellness [s] **3:00** The Chase UK [s] **4:00** Seven News At 4 [s] **5:00** The Chase Australia [s] **6:00** Seven News [s] **7:00** Better Homes And Gardens [s] **8:30** Movie: "The Guernsey Literary And Potato Peel Pie Society" (M) ('18) Stars: Jessica Brown Findlay **11:00** Ambulance: Code Red (M) [s] **12:00** Movie: "Doomsday Man" (M v) ('98) Stars: Barry Bell **2:00** Home Shopping

7mate **3:00** Step Outside With Paul Burt (PG) **3:30** The Food Dude (PG) **4:00** STIHL Timbersports (PG) **4:30** Shipping Wars (PG) **5:30** Storage Wars (PG) **6:00** American Pickers (PG) **7:00** Friday Night Countdown **7:30** AFL: Round 4: Port Adelaide v Richmond "Live" **11:00** Armchair Experts (M)

TV **6:25** Peter Rabbit **7:00** Dino Dana **7:30** Spicks And Specks (PG) **8:00** Doctor Who (PG) **8:45** The Hunter (M I,v) **10:25** Anh's Brush With Fame (PG) **10:55** George Clarke's Amazing Spaces **11:45** The Great Australian Bee Challenge **12:45** Parks And Recreation (M I,s) **1:05** Reno 911! (M I,d) **1:25** The IT Crowd (M I,s)



6:00 Today [s] **9:00** Today Extra [s] **11:30** NINE's Morning News [s] **12:00** Ellen (PG) [s] **1:00** Movie: "The Last Mimzy" (PG) ('07) Stars: Chris O'Neil **3:00** Tipping Point [s] **4:00** NINE's Afternoon News [s] **5:00** Millionaire Hot Seat [s] **6:00** NINE News [s] **7:00** A Current Affair (PG) [s] **7:30** NRL: Penrith Panthers v Canberra Raiders "Live" [s] **9:50** NRL: Golden Point [s] **10:35** Movie: "The Man With The Iron Fists" (MA15+) ('12) Stars: Rick Yune **12:30** New Amsterdam (M) [s] **1:20** Explore [s] **1:30** Home Shopping

7flix **1:00** Jabba's School Holiday Movie Special (PG) **1:30** Me, Myself & I (PG) **3:00** How I Met Your Mother (PG) **4:00** The Goldbergs (PG) **4:30** The Simpsons (PG) **5:20** Futurama (PG) **6:10** Movie: "The Karate Kid III" (PG) ('89) Stars: Martin Kove **8:30** Movie: "Red Riding Hood" (M) ('11) Stars: Amanda Seyfried

ABC NEWS **3:00** ABC News Afternoons **4:00** Afternoon Briefing **5:00** ABC News Hour **6:00** ABC Evening News **7:00** ABC National News **7:45** The Vaccine **8:00** Planet America **9:00** ABC Nightly News **9:30** Close Of Business **10:00** The World **11:00** The Drum **12:00** ABC Late News **12:15** Planet America **1:10** ABC Late News



7:00 Headline News [s] **8:30** Studio 10 (PG) [s] **12:00** Dr Phil (PG) [s] **1:00** The Living Room [s] **2:00** Entertainment Tonight [s] **2:30** Everyday Gourmet [s] **3:00** Judge Judy (PG) [s] **3:30** Farm To Fork [s] **4:00** Good Chef Bad Chef [s] **4:30** The Bold And The Beautiful (PG) [s] **5:00** 10 News First [s] **6:00** WIN News [s] **6:30** The Project (PG) [s] **7:30** The Living Room [s] **8:30** The Graham Norton Show (M I,s) [s] **9:30** Hughesy, We Have A Problem (M s) [s] **10:30** Just For Laughs (M) [s]

WIN BOLD **2:00** Star Trek: Voyager (PG) **3:00** Diagnosis Murder (PG) **5:00** JAG (PG) **7:00** Bondi Rescue (PG) **7:30** NCIS: Jack Knife (M) **8:30** Law & Order: SVU (M v) **10:30** CSI: Crime Scene Investigation (M v) **12:30** Home Shopping **2:00** Star Trek: Enterprise (PG) **3:00** JAG (PG) **4:00** Diagnosis Murder (PG)

Gem **3:20** Movie: "Against The Wind" (PG) ('48) Stars: Simone Signore **5:20** Heartbeat (PG) **6:30** Antiques Roadshow **7:30** David Attenborough Seven Worlds, One Planet (PG) **8:40** Movie: "My Big Fat Greek Wedding" (PG) ('02) Stars: Nia Vardalos **10:35** Movie: "Up In The Air" (MA15+) ('09) Stars: George Clooney



5:30 Worldwatch **1:00** PBS Newshour **2:00** Destination Flavour China Bitesize **2:10** Watergate (M s) **3:00** NITV News: Nula **3:30** The Interviewer **3:40** Great British Railway Journeys (PG) **4:20** The Kennedys (PG) **5:05** Jeopardy! (PG) **5:30** Letters And Numbers **6:00** Mastermind Australia **6:30** SBS World News **7:35** Egypt's Apocalypse (M) **8:30** Secrets Of The Royal Servants **8:20** The Blitz - Britain On Fire (PG) **10:15** Going Places With Ernie Dingo (PG) **10:45** SBS World News Late **11:15** The Last Waltz (M s)

WIN Peach **12:00** WIN's All Australian News **1:00** The Big Bang Theory (PG) **1:30** Seinfeld (PG) **3:00** Everybody Loves Raymond (PG) **4:00** Becker (PG) **5:00** Frasier (PG) **6:00** Friends (PG) **6:30** Neighbours (PG) **7:00** Friends (PG) **8:00** The Big Bang Theory (PG) **9:30** The Conners (PG) **10:30** Charmed (PG) **11:30** The Big Bang Theory (PG)

VICELAND **4:05** PBS Newshour **5:05** The Joy Of Painting (PG) **6:05** If You Are The One (PG) (In Mandarin) **7:05** Jeopardy! (PG) **7:30** 8 Out Of 10 Cats Does Countdown (PG) **8:30** Dynamo: Magician Impossible (PG) **9:20** How Sex Changed The World (M s) **10:10** Sex In The World's Cities (MA15+) **11:05** Yokayi Footy **11:40** Vice News Tonight

SATURDAY APRIL 10



6:00 rage (PG) [s] **7:00** Weekend Breakfast [s] **10:00** rage (PG) [s] **11:00** rage Guest Programmer (PG) [s] **12:00** ABC News [s] **12:30** Ochres [s] **1:30** Miriam's Big American Adventure (PG) [s] **2:30** Old People's Home For 4 Year Olds [s] **3:30** Dream Gardens [s] **4:00** Ask The Doctor (PG) [s] **4:30** Landline [s] **5:00** Football: A-League: Sydney FC v Melbourne City "Live" [s] **7:00** ABC News [s] **7:30** The Durrells (PG) [s] **8:20** Finding Alice (M I) [s] **9:10** Harrow (M v) [s] **10:00** A Very English Scandal (M d,s) [s]

7TWO **12:00** House Of Wellness **1:00** Weekender **1:30** Creek To Coast **2:00** Sydney Weekender **2:30** The Great Australian Doorstep (PG) **3:15** Border Patrol (PG) **3:45** Property Ladder UK (PG) **5:00** Seven's Horse Racing **5:30** The Great Outdoors **6:30** The Yorkshire Vet (PG) **8:30** Escape To The Country

ME **2:45** Radiant **3:10** Sailor Moon Crystal (PG) **3:35** Dragon Ball Super **4:00** Out Loud **4:30** Odd Squad **4:55** Hank Zipzer **5:20** Miraculous: Tales Of Ladybug And Cat Noir **6:00** Spirit Riding Free (PG) **6:45** Play Your Pets Right **7:00** The Zoo **7:35** Shaun The Sheep **8:05** Thunderbirds Are Go **8:40** Wishfart **9:00** Moka's Fabulous Adventures!



6:00 Home Shopping **7:00** Weekend Sunrise [s] **10:00** The Morning Show - Weekend [s] **12:00** Seven's Horse Racing [s] **5:00** Seven News At 5 [s] **5:30** Border Security - Australia's Front Line (PG) [s] **6:00** Seven News [s] **7:00** Movie: "The Lego Movie 2: The Second Part" (PG) ('19) Stars: Chris Pratt **9:15** Movie: "Holmes & Watson" (M I) ('18) Stars: Will Ferrell **11:15** Police: Hour Of Duty (PG) [s] **12:00** Repco Supercars Highlights 2021: Tasmania - Day 1 [s] **1:00** Home Shopping

7mate **12:30** STIHL Timbersports (PG) **1:00** AFL Women's: Finals: Week 2: Game 1 "Live" **3:00** AFL Women's: Finals: Week 2: Game 2 "Live" **5:00** More Than 1000 (PG) **6:00** Counting Cars (PG) **6:30** Pawn Stars (PG) **7:00** AFL: Round 4: Collingwood v GWS "Live" **10:00** Movie: "Lock, Stock And Two Smoking Barrels" (MA15+) ('98)

TV **5:55** Ben And Holly's Little Kingdom **6:30** Shaun The Sheep **7:00** Catie's Amazing Machines **7:30** Spicks And Specks (PG) **8:00** QI: Jolly (PG) **8:30** Live At The Apollo (M s) **9:15** Would I Lie To You? (PG) **9:45** Sammy J (PG) **9:50** Insert Name Here (M s) **10:25** Staged (M I) **10:50** High Fidelity (MA15+)



12:00 Cybershack (PG) [s] **12:30** Award Winning Tasmania [s] **1:00** Destination WA (PG) [s] **1:30** Explore [s] **1:45** Movie: "Me Before You" (PG) ('16) Stars: Sam Claflin **4:00** The Pet Rescuers (PG) [s] **4:30** The Garden Gurus [s] **5:00** NINE News: First At Five [s] **5:30** Getaway (PG) [s] **6:00** NINE News Saturday [s] **7:00** A Current Affair (PG) [s] **7:30** Space Invaders (PG) [s] **8:30** Movie: "Mission: Impossible - Fallout" (M v) ('18) Stars: Tom Cruise **11:20** Movie: "Sleepless" (MA15+) ('17) Stars: Jamie Foxx

7flix **3:00** Bride & Prejudice - The Forbidden Wedding (PG) **4:15** Movie: "Miracle" (PG) ('04) Stars: Kurt Russell **7:00** Movie: "Pan" (PG) ('15) Stars: Hugh Jackman **9:15** Movie: "Conspiracy Theory" (M v) ('97) Stars: Mel Gibson **12:05** Movie: "Marabunta AKA Legion Of Fire: Killer Ants!" (G) ('98) Stars: Julia Campbell

ABC NEWS **3:00** ABC News **3:30** The Breakfast Couch **4:00** ABC News **4:30** Q&A Highlights **5:00** Planet America **6:00** ABC Evening News **6:30** Landline **7:00** ABC National News **7:30** Kurt Fearnley's One Plus One **8:00** ABC News Tonight **8:30** To The Stars: 100 Years Of The RAAF **9:30** Back Roads **10:00** ABC News Weekend



9:30 Studio 10 Saturday (PG) [s] **12:00** Good Chef Bad Chef [s] **12:30** Luca's Key Ingredient [s] **1:00** My Market Kitchen [s] **1:30** Buy To Build [s] **2:00** Everyday Gourmet [s] **2:30** Three Blue Ducks [s] **3:00** What's Up Down Under [s] **3:30** TBA **4:30** Farm To Fork [s] **5:00** 10 News First [s] **6:00** Advancing Australia [s] **6:30** TBA **7:00** The Dog House (PG) [s] **8:00** Ambulance UK (M) [s] **10:20** 999: What's Your Emergency? (M) [s] **11:30** TBA **12:30** Home Shopping **5:00** Religious Programs

WIN BOLD **2:00** Jake And The Fatman **4:00** I Fish **4:30** Mighty Machines **5:00** Escape Fishing With ET (PG) **5:30** Scorpion (M v) **7:30** NCIS (M v) **8:30** NCIS: New Orleans (M v) **10:20** Hawaii Five-O (M v) **12:15** 48 Hours (M v) **1:10** MotoGP 2021: Race 2 Doha Grand Prix "Replay" **2:40** Escape Fishing With ET

Gem **3:00** Movie: "Kid Galahad" (PG) ('62) Stars: Elvis Presley **5:00** Movie: "The Sons Of Katie Elder" (PG) ('65) Stars: John Wayne **7:30** Rugby Union: Preview **8:00** Rugby Union: QLD Reds v ACT Brumbies "Live" **9:45** Rugby Union: Post-Match **10:00** Movie: "The Magnificent Seven" (PG) ('60) Stars: Yul Brynner


















5:30 Worldwatch **1:00** PBS Newshour **2:00** Small Business Secrets **2:30** Figure Skating **4:10** Travel Man (PG) **4:35** My Second Restaurant In India (PG) **5:35** The Secret History Of World War II (PG) **6:30** SBS World News **7:30** World's Most Scenic Railway Journeys (M) **8:30** Britain's Most Historic Towns **9:25** Movie: "Their Finest" (M I,s) ('16) Stars: Gemma Arterton **11:30** Movie: "West Side Story" (PG) ('61) Stars: Natalie Wood **2:15** Movie: "No Country For Old Men" (MA15+) ('07) (In English/ Spanish)

WIN Peach **6:00** Sabrina The Teenage Witch (PG) **7:00** Everybody Loves Raymond (PG) **8:00** Becker (PG) **9:00** Frasier (PG) **10:00** Carol's Second Act (PG) **12:00** WIN's All Australian News **1:00** TBA **2:00** TBA **3:00** Friends (PG) **6:00** The Big Bang Theory (PG) **10:30** Man With A Plan (PG) **12:00** Home Shopping **1:30** 2 Broke Girls (M)

VICELAND **4:00** PBS Newshour **5:00** ABC America: World News Tonight **5:30** Basketball: NBL: Adelaide 36ers v Brisbane Bullets "Live" **7:30** Impossible Engineering (PG) **8:30** The X-Files: Wetwired/ Talitha Cum/ Herrenvolk (M h,v) **11:00** Dateline: China's Grey Race **11:30** Insight: I Still Do **12:30** Movie: "Hyena" (MA15+) ('14)

Classifications: (G) General, (PG) Parental Guidance, (M) Mature Audiences, (MA15+) Mature Audience Over

SUNDAY APRIL 11	<div></div> <div>12:30 Landline [s] 1:30 Gardening Australia [s] 2:35 Australia Remastered (PG) [s] 3:30 Back Roads [s] 4:00 Football: W-League Grand Final: Sydney FC v Melbourne Victory *Live* [s] 6:00 Anh's Brush With Fame (PG) [s] 6:30 Compass (PG) [s] 7:00 ABC News Sunday [s] 7:40 Grand Designs NZ [s] 8:30 Harrow (M v) [s] 9:20 Silent Witness (M v) [s] 10:25 Top Of The Lake (M I,s) [s]</div>	<div></div> <div>12:00 House Of Wellness (PG) [s] 1:00 Movie: "Jersey Boys" (M I) ('14) Stars: John Lloyd Young 4:00 Better Homes And Gardens [s] 5:00 Seven News At 5 [s] 5:30 Sydney Weekender (PG) [s] 6:00 Seven News [s] 7:00 TBA 8:30 Crime Investigation Australia (M v) [s] 9:50 Declassified - The Royal Scandals (PG) [s] 10:55 Autopsy USA (M d) [s] 12:00 The Guardian [s]</div>	<div></div> <div>11:00 Sunday Footy Show (PG) [s] 1:00 AFL: Women's Footy (PG) [s] 2:00 The Xtreme CollXtion (PG) [s] 2:30 Driving Test (PG) [s] 3:00 NRL: Wests Tigers v North Queensland Cowboys *Live* [s] 6:00 NINE News Sunday [s] 7:00 Married At First Sight (M) [s] 8:30 60 Minutes (PG) [s] 9:30 NINE News Late [s] 10:00 Australian Crime Stories (M) [s] 11:10 Shallow Grave (MA15+) [s]</div>	<div></div> <div>12:00 Advancing Australia [s] 12:30 My Market Kitchen [s] 1:00 The Offroad Adventure Show [s] 2:00 All 4 Adventure (PG) [s] 3:00 Road Less Travelled [s] 3:30 Everyday Gourmet [s] 4:00 Farm To Fork [s] 4:30 Taste Of Australia [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Sunday Project (PG) [s] 7:30 The Graham Norton Show (M I,s) [s] 8:30 FBI: Most Wanted (M)</div>	<div></div> <div>1:00 Motorsport: Penrite ProMX Championship *Live* 3:30 Cycling: Tour Of Flanders Highlights 5:05 Small Business Secrets 5:35 Hunting Nazi Treasure (PG) 6:30 SBS World News 7:30 Hindenburg - The New Evidence (PG) 8:30 Lost Temple Of The Inca (PG) (In English/ Spanish) 9:30 Sydney's Super Tunnel 10:30 Who Gets To Stay In Australia? (M)</div>
	<div></div> <div>2:00 The Yorkshire Vet (PG) 4:00 Escape To The Country 7:00 TBA 7:30 TBA 8:00 TBA 8:30 Air Crash Investigations (M I) 11:30 Mighty Cruise Ships (PG) 12:30 The Fine Art Auction (PG) 3:30 TBA 4:00 Harry's Practice</div>	<div></div> <div>3:00 AFL: Round 3: Melbourne v Geelong *Live* 6:00 Towies (PG) 6:15 Movie: "Green Lantern" (M v) ('11) Stars: Ryan Reynolds 8:30 Movie: "Avengers: Age Of Ultron" (M v) ('15) Stars: Robert Downey Jr 11:20 Tattoo Nightmares</div>	<div></div> <div>3:00 Weird, True And Freaky (PG) 4:15 Movie: "Pan" (PG) ('15) Stars: Hugh Jackman 6:30 Movie: "Big Hero 6" (PG) ('14) Stars: Damon Wayans Jr 8:30 First Dates Australia (M) 10:50 Ramsay's Kitchen Nightmares USA (M I)</div>	<div></div> <div>3:00 Fishing Edge 4:00 Fishing Australia 4:30 What's Up Down Under 5:00 I Fish 5:30 Bondi Rescue (PG) 6:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 9:25 NCIS: Los Angeles (M v) 10:20 48 Hours (M) 11:20 Hawaii Five-O (M)</div>	<div></div> <div>1:30 The Unicorn (PG) 3:00 Friends (PG) 6:00 The Big Bang Theory (PG) 9:00 Friends (PG) 10:30 2 Broke Girls (M s) 12:00 Home Shopping 1:30 Posh Frock Shop (M s) 2:30 Charmed (PG) 3:30 Sabrina The Teenage Witch (PG)</div>
	<div></div> <div>3:50 What's For Dinner? 4:25 Good Game Spawn Point 4:55 Hank Zipzer 5:20 Miraculous World 6:30 Play Your Pets Right 6:55 The Zoo 7:30 Shaun The Sheep 8:00 Thunderbirds Are Go 8:35 Wishfart! 8:55 Moka's Fabulous Adventures!</div>	<div></div> <div>7:00 Catie's Amazing Machines 7:30 Spicks And Specks (PG) 8:00 Compass (PG) 8:30 Louis Theroux: A Different Brain (M I) 9:30 White Light (M I,d,v) 11:00 Catalyst 12:00 David Bowie: Finding Fame (M I) 1:00 You Can't Ask That (M I,s)</div>	<div></div> <div>4:00 Landline 5:00 ABC News 5:30 The World This Week 6:00 ABC Evening News 6:30 Kurt Fearnley's One Plus One 7:00 ABC News Sunday 7:40 Drum Beat 8:00 Insiders 9:00 ABC Nightly News 9:30 Back Roads 10:00 ABC News Weekend</div>	<div></div> <div>2:15 Movie: "On The Beach" (PG) ('59) Stars: Ava Gardner 5:00 Movie: "Taras Bulba" (PG) ('62) Stars: Yul Brynner 7:30 Death In Paradise (M v) 8:40 Chicago PD (MA15+) 9:40 Chicago Fire (MA15+) 10:40 Chicago Med (M mp)</div>	<div></div> <div>3:00 Basketball: NBL: Sydney Kings v Melbourne Phoenix *Live* 5:00 Cycling: Paris-Roubaix Women's Race *Live* 9:00 Cycling: Paris-Roubaix Men's Race *Live* 1:45 Lethal Ladies (M I) 2:10 Alien Weaponry (MA15+)</div>

MONDAY APRIL 12	<div></div> <div>12:00 ABC News [s] 1:00 The Durrells (PG) [s] 2:00 Shakespeare And Hathaway (PG) [s] 3:00 ABC News [s] 4:00 Think Tank (PG) [s] 5:00 The Repair Shop [s] 5:30 Hard Quiz (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 (PG) [s] 8:00 Australian Story (PG) [s] 8:30 Four Corners (PG) [s] 9:15 Media Watch (PG) [s] 9:30 Invisible Wars (PG) [s] 10:35 ABC Late News [s]</div>	<div></div> <div>12:00 Movie: "Christmas In Conway" (M) ('13) Stars: Andy Garcia 2:00 Motorbike Cops (M) [s] 2:30 Coastwatch Oz (PG) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News [s] 7:00 Home And Away (PG) [s] 7:30 TBA 9:00 Mrs. Brown's Boys (M) [s] 9:45 Idris Elba Meets Paul McCartney (PG) [s] 11:00 The Latest Seven News [s]</div>	<div></div> <div>5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Ellen (PG) [s] 1:00 Getaway [s] 1:30 Married At First Sight (M) [s] 3:00 Tipping Point [s] 4:00 NINE's Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Married At First Sight (M) [s] 9:00 Law & Order: Organised Crime (M) [s] 10:00 100% Footy (M) [s]</div>	<div></div> <div>12:00 Dr Phil (PG) [s] 1:00 The Living Room [s] 2:00 Entertainment Tonight [s] 2:30 Everyday Gourmet [s] 3:00 Judge Judy (PG) [s] 3:30 Farm To Fork [s] 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 What The Hell Happens Next? (PG) [s] 8:30 Hughesy, We Have A Problem (M) [s]</div>	<div></div> <div>5:30 Worldwatch 2:10 The Royals And The Tabloids (PG) 3:05 Who Do You Think You Are? (PG) 4:15 The Kennedys: The Legend Of Camelot (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia 6:30 SBS World News 7:35 Historic House Rescue (PG) 8:30 Secret Scotland (PG) 9:25 24 Hours In Emergency (M) 10:20 SBS World News Late 10:50 Outlander (M)</div>
	<div></div> <div>2:00 Harry's Practice 2:30 Million Dollar Minute 3:30 The Great Australian Doorstep (PG) 4:00 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Doc Martin (PG) 8:30 Judge John Deed (M)</div>	<div></div> <div>2:30 More Than 1000 (PG) 3:30 Repco Supercars Highlights 5:30 Storage Wars (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 TBA 8:30 Movie: "The Equalizer 2" (M) ('18) Stars: Denzel Washington</div>	<div></div> <div>3:00 The Goldbergs (PG) 3:30 How I Met Your Mother (PG) 4:30 TBA 6:00 Futurama (PG) 6:30 The Simpsons (PG) 7:30 Modern Family (PG) 8:30 Ink Master (M I) 10:30 Ramsay's Hotel Hell (M I) 11:30 Hell's Kitchen USA (M)</div>	<div></div> <div>3:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 10:20 TBA 11:15 TBA 12:10 Home Shopping 2:10 Home Shopping 2:10 48 Hours (M) 3:10 Diagnosis Murder (PG) 4:05 JAG (M v)</div>	<div></div> <div>2:00 Sabrina The Teenage Witch (PG) 3:00 Everybody Loves Raymond (PG) 4:00 Becker (PG) 5:00 Frasier (PG) 6:00 Friends (PG) 6:30 Neighbours (PG) 7:00 Friends (PG) 8:00 The Big Bang Theory (M) 9:30 Seinfeld (M) 11:00 The Conners (M)</div>
	<div></div> <div>4:00 Operation Ouch! 4:30 Odd Squad 5:20 Miraculous: Tales Of Ladybug And Cat Noir 6:30 Operation Ouch! 7:00 Deadly Dinosaurs 7:30 Shaun The Sheep 8:00 Thunderbirds Are Go 8:35 Wishfart! 8:55 Moka's Fabulous Adventures!</div>	<div></div> <div>7:00 Dino Dana 7:30 Spicks And Specks (PG) 8:00 Doctor Who (PG) 8:45 Magical Land Of Oz 9:50 George Clarke's Amazing Spaces 10:40 Escape From The City 11:35 Extras (M I,v) 12:05 Would I Lie To You? (M I)</div>	<div></div> <div>4:00 Afternoon Briefing 5:00 ABC News Hour 6:00 ABC Evening News 7:00 ABC National News 8:00 ABC News Tonight 8:45 The Business 9:00 ABC Nightly News 9:30 7.30 10:00 The World 11:00 The Drum 12:00 ABC Late News</div>	<div></div> <div>3:20 Movie: "Elizabeth Of Ladymeand" (G) ('48) Stars: Nicholas Phipps 5:20 Heartbeat (PG) 6:30 Antiques Roadshow 7:30 London Kills (M) 8:40 The Bill (M) 10:40 Murdered By Morning (M v) 11:40 Alfred Hitchcock Presents (PG)</div>	<div></div> <div>4:20 This Week With George Stephanopoulos 5:15 The Joy Of Painting (PG) 5:45 Shortland Street (PG) 6:15 Forged In Fire (PG) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Taskmaster (M)</div>

TUESDAY APRIL 13	<div></div> <div>12:00 ABC News [s] 1:00 Finding Alice (M I) [s] 1:50 Shakespeare And Hathaway (PG) [s] 3:00 ABC News [s] 4:00 Think Tank (PG) [s] 5:00 The Repair Shop [s] 5:25 Hard Quiz (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 (PG) [s] 8:00 Anh's Brush With Fame (PG) [s] 8:30 Old People's Home For 4 Year Olds (PG) [s] 9:30 Laura's Choice (M I,d) [s] 10:30 ABC Late News [s]</div>	<div></div> <div>12:00 Movie: "Hidden Family Secrets" (PG) ('18) Stars: Chika Nnaemeka 2:00 Motorbike Cops (M) [s] 2:30 Coastwatch Oz (PG) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News [s] 7:00 Home And Away (PG) [s] 7:30 Dancing With The Stars (PG) [s] 9:00 The Good Doctor (M) [s] 11:00 The Latest Seven News [s] 11:30 Station 19 (M I) [s]</div>	<div></div> <div>9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Ellen (PG) [s] 1:00 The Pet Rescuers [s] 1:30 Married At First Sight (M) [s] 3:00 Tipping Point [s] 4:00 NINE's Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Married At First Sight (M) [s] 9:00 Botched (M) [s] 10:00 Australian Scandal (M) [s] 11:00 NINE News Late [s]</div>	<div></div> <div>12:00 Dr Phil (PG) [s] 1:00 TBA 2:00 Entertainment Tonight [s] 2:30 Everyday Gourmet [s] 3:00 Judge Judy (PG) [s] 3:30 Farm To Fork [s] 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 The Cube [s] 8:30 NCIS (M v) [s] 9:30 NCIS: Los Angeles (M) [s] 10:30 The Project (PG) [s]</div>	<div></div> <div>5:30 Worldwatch 1:00 PBS Newshour 2:00 The Royals And The Tabloids (PG) 3:00 Living Black (PG) 3:30 I Am Black And Beautiful (PG) 4:30 Great British Railway Journeys (PG) 4:15 The Kennedys (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia 6:30 SBS World News 7:30 Who Do You Think You Are? (PG) 8:30 Insight (M) 9:30 Dateline</div>
	<div></div> <div>2:00 Harry's Practice 2:30 Million Dollar Minute 3:30 Sydney Weekender 4:00 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Pie In The Sky (PG) 8:30 Inspector George Gently (M v) 10:30 Suspects (M d,v,I)</div>	<div></div> <div>4:00 Al McGlashan's Fish'n With Mates (PG) 4:30 Engineering Connections (PG) 5:30 Storage Wars (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 Highway Patrol (PG) 8:30 Outback Opal Hunters (PG) 9:30 Outback Pilots (PG)</div>	<div></div> <div>3:00 The Goldbergs (PG) 3:30 How I Met Your Mother (PG) 4:30 Futurama (PG) 5:00 The Simpsons (PG) 6:00 Futurama (PG) 6:30 The Simpsons (PG) 7:30 Modern Family (PG) 8:30 Movie: "National Lampoon's Christmas Vacation" (PG) ('89)</div>	<div></div> <div>3:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 8:30 CSI: Crime Scene Investigation (M v) 10:25 NCIS: New Orleans (M v) 11:20 TBA 12:15 Home Shopping 2:15 48 Hours (M v) 3:15 Diagnosis Murder (M)</div>	<div></div> <div>1:30 Seinfeld (PG) 3:00 Everybody Loves Raymond (PG) 4:00 Becker (PG) 5:00 Frasier (PG) 6:00 Friends (PG) 6:30 Neighbours (PG) 7:00 Friends (PG) 8:00 The Big Bang Theory (PG) 9:30 Mom (M) 12:00 Home Shopping</div>
	<div></div> <div>4:00 Operation Ouch! 4:30 Odd Squad 5:20 Miraculous: Tales Of Ladybug And Cat Noir 6:00 Spirit Riding Free (PG) 6:30 Operation Ouch! 7:00 Deadly Dinosaurs: Secret Skills 7:30 Shaun The Sheep 8:00 Thunderbirds Are Go</div>	<div></div> <div>7:00 Dino Dana 7:30 Spicks And Specks (PG) 8:00 Doctor Who (PG) 8:55 Staged (M I) 9:20 Extras 9:50 Fisk 10:20 High Fidelity (MA15+) 10:45 In The Long Run (M I) 11:10 Live At The Apollo (M s) 11:55 Insert Name Here (M s)</div>	<div></div> <div>4:00 Afternoon Briefing 5:00 ABC News Hour 6:00 ABC Evening News 7:00 ABC National News 8:00 ABC News Tonight 8:45 The Business 9:00 ABC Nightly News 9:30 7.30 10:00 The World 11:00 The Drum 12:00 ABC Late News</div>	<div></div> <div>3:25 Movie: "Beautiful Stranger" (PG) ('54) Stars: Ginger Rogers 5:20 Heartbeat (PG) 6:30 Antiques Roadshow 7:30 New Tricks (M s) 8:40 The Closer (M) 9:40 Rizzoli & Isles (M v) 10:40 Law And Order (M v) 11:40 Shades Of Blue (MA15+)</div>	<div></div> <div>4:10 PBS Newshour 5:10 The Joy Of Painting (PG) 5:40 Shortland Street (PG) 6:10 Asia's Next Top Model (PG) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (PG) 8:30 Patriot Brains (M) 9:25 The Casketeers (PG)</div>

WEDNESDAY APRIL 14	<div></div> <div>12:00 ABC News [s] 12:30 National Press Club Address [s] 1:35 Media Watch [s] 1:55 Shakespeare And Hathaway (PG) [s] 3:00 ABC News [s] 4:00 Think Tank (PG) [s] 5:00 The Repair Shop [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 (PG) [s] 8:00 Hard Quiz (PG) [s] 8:30 The Weekly (PG) [s] 9:05 Fisk (PG) [s] 9:30 Melbourne Comedy Festival 2021 (M) [s] 10:30 ABC Late News</div>	<div></div> <div>12:00 Movie: "Britney Ever After" (PG) ('17) Stars: Natasha Bassett 2:00 Motorbike Cops (M) [s] 2:30 Coastwatch Oz (PG) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News [s] 7:00 Home And Away (PG) [s] 7:30 Highway Patrol Special (PG) [s] 8:30 Movie: "Contagion" (M) ('11) Stars: Gwyneth Paltrow 10:45 The Latest Seven News [s]</div>	<div></div> <div>5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Ellen (PG) [s] 1:00 Driving Test (PG) [s] 1:30 Married At First Sight (M) [s] 3:00 Tipping Point [s] 4:00 NINE's Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Travel Guides(PG) [s] 8:30 Amazing Grace (M) [s] 9:30 New Amsterdam (M) [s] 10:30 NINE News Late [s]</div>	<div></div> <div>6:00 Headline News [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 TBA 2:00 Entertainment Tonight [s] 2:30 Everyday Gourmet [s] 3:00 Judge Judy (PG) [s] 3:30 Farm To Fork [s] 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 The Cube (PG) [s] 8:30 Bull (M) [s] 10:30 The Project (PG) [s]</div>	<div></div> <div>5:30 Worldwatch 1:00 PBS Newshour 2:00 Dateline 2:30 Insight (M) 3:30 Destination Flavour China Bitesize 3:35 Great Irish Railway Journeys (PG) 4:10 Michael Portillo's Abandoned Britain (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia 6:30 SBS World News 7:35 Tony Robinson's History Of Britain (PG) 8:25 Sydney Harbour Patrol (PG)</div>
	<div></div> <div>2:00 Harry's Practice 2:30 Million Dollar Minute 3:30 One Road (PG) 4:00 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt (PG) 7:30 Frankie Drake Mysteries (M v) 8:30 A Touch Of Frost (M v) 10:50 Dog Patrol (PG)</div>	<div></div> <div>4:00 Al McGlashan's Fish'n With Mates (PG) 4:30 Engineering Connections (PG) 5:30 Storage Wars (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 The Simpsons (PG) 9:00 Family Guy (M) 9:30 American Dad (PG)</div>	<div></div> <div>3:30 How I Met Your Mother (PG) 4:30 Futurama (PG) 5:00 The Simpsons (PG) 6:00 Futurama (PG) 6:30 The Simpsons (PG) 7:30 Modern Family (PG) 8:30 Movie: "The Count Of Monte Cristo" (PG) ('75) Stars: Richard Chamberlain</div>	<div></div> <div>3:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 8:30 NCIS: Los Angeles (M v) 10:20 NCIS (M v) 12:10 Home Shopping 2:10 48 Hours (M v) 3:10 Mac-Gyver (PG) 4:05 Star Trek: Enterprise (PG)</div>	<div></div> <div>2:00 Carol's Second Act (PG) 3:00 Everybody Loves Raymond (PG) 4:00 Becker (PG) 5:00 Frasier (PG) 6:00 Friends (PG) 6:30 Neighbours (PG) 7:00 Friends (PG) 8:00 The Big Bang Theory (PG) 9:30 2 Broke Girls (M s)</div>
	<div></div> <div>4:00 Operation Ouch! 4:30 Odd Squad 5:20 Miraculous: Tales Of Ladybug And Cat Noir 6:00 Spirit Riding Free (PG) 6:30 Operation Ouch! 7:00 Deadly Dinosaurs 7:30 Shaun The Sheep 8:00 Thunderbirds Are Go 8:35 Wishfart!</div>	<div></div> <div>7:00 Dino Dana 7:30 Spicks And Specks (PG) 8:00 Doctor Who (PG) 9:00 The Romantics And Us: Passions Of The People (M) 10:05 Restoration Australia (PG) 11:00 White Light (M I,d,v) 12:30 Louis Theroux: A Different Brain (M)</div>	<div></div> <div>4:00 Afternoon Briefing 5:00 ABC News Hour 6:00 ABC Evening News 7:00 ABC National News 8:00 ABC News Tonight 8:45 The Business 9:00 ABC Nightly News 9:30 7.30 10:00 The World 11:00 The Drum 12:00 ABC Late News</div>	<div></div> <div>3:25 Movie: "The Man Who Haunted Himself" (PG) ('70) Stars: Roger Moore 5:20 Heartbeat (PG) 6:30 Antiques Roadshow 7:30 Keeping Up Appearances (PG) 8:50 Midsomer Murders (M) 10:50 Born To Kill? Class Of Evil (M)</div>	<div></div> <div>5:10 The Joy Of Painting 5:40 Shortland Street (PG) 6:10 Vs. Arashi (PG) (In Japanese) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (PG) 8:30 Movie: "The Intervention" (M I,s) ('16)</div>

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Thursdays, April 8, 2021 — 10

Recline in comfort

THERE'S nothing better than spending an afternoon in your favourite comfy chair reading a book or watching the television.

But if you have trouble sitting or standing up due to health issues or recent surgery, getting in and out of that chair can be a problem.

There are several terms used to describe a lift chair, including lift and recline, Powerlift and electric lift chairs. While the features may vary, there are numerous general health and therapeutic benefits for the lift chair user.

Getting in and out of a chair can be challenging and dangerous for many people, such as the elderly, disabled, and people recovering from injury. The main advantage of a lift and recline chair is that it can reduce strain caused by transitioning from a standing position to a seated one and vice versa.

Thanks to their powerful motors, these chairs can lift you to a near standing position to make the process of getting up and out of the chair easier. Additionally, lift chairs can also help you sit down and recline in complete comfort while reading, napping or watching TV.

As using a lift chair will often eliminate the need for a carer to assist when transitioning from sitting to standing, it can allow you to gain back your independence while also avoiding the risk of injury from falls and muscle strain.

Thanks to the leg elevation provided by lift and recline chairs, these seats can aid in the promotion of circulation and help get your blood moving through your legs and body. Likewise, they can also reduce swelling caused by fluid retention and mitigate the risk of varicose veins developing in your legs.

To obtain these circulatory benefits you just need to select the right chair and use it in a particular manner. A lift chair that fully reclines to elevate your feet to 8.5cm to 10cm above heart level provides optimal results. Once in the correct position with your feet elevated your legs should begin to feel lighter and more relaxed. As the blood flows out of your veins, any built up pressure from the day will subside and provide relief from discomfort.

Following surgery or an injury, tasks that were once simple, such as getting in and out of a chair, can become challenging and even dangerous. Whether you have a brace, cast, surgical sutures or are experiencing pain, standing up and sitting down can be a difficult process for many patients.

A lift chair can aid in your recovery by reducing the strain placed on your body when standing up and sitting down, allowing you to regain your independence faster. Additionally, many lift chairs can also aid in recovery due to their ergonomic design, full spine support and the multitude of positions offered.



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Dr Cecilie McLellan (back centre) and the team (back from left) Vanessa Powell, Paige Southgate, (front left) Tessa Hamblin and Phoebe Deen. Photo supplied.

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Don't wait around to update will

WRITING a will can be a daunting process, irrespective of age, however it is something we all must turn our minds to.

Without careful planning and a well-drafted will, your wishes may not necessarily be carried out. In a contemporary society, the nuclear family is less common, and divorce is more widely accepted than in previous years.

The law has certainly changed and grown to acknowledge the diverse types of families which exist today and this is one of the reasons to ensure your affairs are in order.

There is nothing better than illustrating a point than with real life examples so I thought I would share with you a story where things have gone horribly wrong.

James and Anne were married for 20 years with their two daughters Alice and Wendy. Anne tragically passed away in a motor vehicle accident and was survived by James and their daughters, who were 16 and 18 at the time.

James was also the sole beneficiary of a substantial life insurance policy held by Anne. This meant that he was able to pay out his mortgage and pay for his daughters' tertiary education. Shortly after Anne's passing, James updated his will, making his daughters the only beneficiaries.

Years passed and Alice and Wendy moved away from the family home and married and had children of their own.

James, now on his own, met his new partner Helen one evening at the local ex-servicemen's club. Helen was divorced and had two adult children of her own.

She had an acrimonious divorce and property settlement and was left with a significant amount of debt, which she had been slowly paying off. Now, I would like to make it clear that Helen was not the stereotype stepmother – she bonded well with Alice and Wendy.

James and Helen often spoke about marriage and were very keen on the idea. They had always made it quite clear that their own assets would pass to their own children should either of them pass away as they were both moderately comfortable.

James showed Helen a copy of his will where his daughters were appointed sole beneficiaries and Helen understood his wishes very clearly.

A few months later, James and Helen were married, they lived in James' house and had started to enjoy the early stages of retirement. Neither of them considered updating their will following their marriage.

Whilst travelling around Australia with Helen, James suffered a heart attack. The remote location meant that emergency services were unable to attend to him quickly and he died within 15 minutes. Helen and his daughters were devastated.

Following the funeral and burial, Helen remembered the conversation that she had with James about his estate and she contacted his solicitor to make an appointment. On attending the solicitor's office, Helen was advised that James died intestate – without a will.

Helen was shocked as she knew he

had a will. What James and Helen didn't realise was that their marriage had revoked his earlier will and without a later will, James died intestate.

What did this mean for James' estate?

Well, when a person dies intestate, then their estate will be distributed in accordance with the Succession Act 2006 NSW.

The legislation sets out that in James' circumstances his estate had to be distributed as follows (for this example let's say his estate is about \$1 million): Helen received James' personal effects (\$20,000.00), a statutory legacy (\$485,322.20) and one-half of the remainder of the estate (\$247,338.90). This meant that Helen received a total of \$752,661.10. Alice and Wendy received \$247,338.90 between them.

Alice and Wendy approached Helen about the estate and their father's wishes in the hope that Helen would do the "right thing". She didn't.

You can see quite easily how without careful estate planning and a current will, your estate can be distributed with limited recourse for those who you may wish to benefit.

The characters and circumstances in this piece have been changed, along with factual circumstances and surroundings for their protection. But the message remains the same. If anyone would like some further information or discuss making changes to their will – feel free to reach out and I will gladly assist you.



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46 East Street, Narrandera

6959 3055

Mon-Thurs 9am to 5pm Fri 9am to 3pm

Email: reception@nardent.net.au

Social support is close at hand

THE Social Support program provides assistance to frail older people allowing them to participate in community life and feel socially included.

Social support services may include activities such as a friendly visit, accompanying a client for shopping or bill-paying, attendance at appointments or other related activities.

For more information on this program please telephone 6959 5555.

All clients over 65 years or 50 for Aboriginal and Torres Strait Islander, wishing to use any of these services will need to register through My Aged Care. This can be done online or with help from one of the friendly staff.



All Community Transport drivers are volunteers who donate their time to help their local community. Photo supplied.

Responsive services

NARRANDERA-LEETON Community Transport provides a friendly and responsive service to local communities for people needing transport to local shopping, recreational or medical facilities.

Transportation is also available to larger regional centres of Griffith, Wagga Wagga and Albury for medical appointments. Wheelchair accessible transport can be arranged.

This is a valuable service for many older people who while they may be happy to drive locally find the larger regional centres too busy.

Transport is available not only to older frail persons but to any person who may be transport disadvantaged – ie. they do not have a vehicle or they are unable to drive their vehicle due to medical or other reasons.

The Community Transport program works in partnership with organisations such as Can Assist to help local residents.

Transport is also provided to Griffith Base Hospital renal dialysis unit three times per week.

Taxi vouchers are available for use in the local area and these are particularly useful for out of hours transport needs.

All drivers are volunteers who kindly donate their time to help their local community with all volunteers going above and beyond what would normally be expected of them to assist clients. Without the dedication of these volunteers the service would not be as affordable and as flexible as it currently is.

Being a volunteer is a very rewarding role where you work with great people in a dynamic environment. Contact our co-ordinators on 6959 5555 (Narrandera) or 6953 6999 (Leeton) to learn more about joining our team.

There are a variety of pre-scheduled bus runs originating from Narrandera, Leeton and Barellan. Bookings are essential for all transport so please telephone and speak to the friendly coordinators on 6959 5555 (Narrandera) or 6953 6999 (Leeton) or you may like to call into the Community Transport office to pick up a timetable.

Community Transport Narrandera office hours are 8.30am to 4.30pm, closed for lunch from 12.30pm to 1.30pm while the Leeton office operates 9am to 4.30pm, closed for lunch from 1pm to 2pm. These hours are subject to change. If the office is not open, there is an answering machine and any messages will be responded to promptly.



Farrell Goode solicitors helped Barbie and Ken sort out decisions around downsizing their home and achieving peace of mind. Photo: barbieandkenphotos.com.

Making big decisions

KEN and Barbie reside in Narrandera and love to celebrate the spontaneous elements of retirement.

Both in their 70's, Ken and Barbie are avid volunteers around the area and enjoy watching their children and grandchildren find their own feet.

The couple have often had conversations over breakfast regarding their future moves. With their four bedroom home they currently live in, a 1980 Toyota Hiace motor home, some savings, a modest pension and their dog Russell, Ken has often considered what happens as they near their next stage of life.

While Barbie was hesitant, Ken would often raise the possibility of downsizing into a retirement village or a unit. He brought home an information statement on a retirement village which he liked the look of. Ken liked the thought of not having to drop the newspaper and pick up the vacuum. He also knew his old football friends from back in the day reside in the village.

Ken was excited, however Barbie remained hesitant. Barbie had a multitude of questions about what it is like to reside in a retirement village. She loves Russell the six-year-old Oodle but often wondered whether he would like downsizing too. Barbie enjoyed her bed of camellias and the company of the magpies which would sit on her backyard rail. She also did not like the look of the 300-odd page contract Ken put on the kitchen counter for the retirement village.

Barbie and Ken phoned Farrell Goode and arranged an appointment to discuss their future moves.

At the appointment, Barbie tabled her

concerns surrounding downsizing. After being explained the provisions of the contract, Barbie and Ken soon realised that Russell the beloved dog could not come, their motorhome would have to be sold as it could not be parked at the village, the initial sum of entering the village was in excess of \$400,000 and if they wanted to leave, the village was going to take 40 per cent of their initial deposit. That's not to mention the ongoing recurring fees each week for maintenance. While Ken and Barbie acknowledged that would suit some couples, it did not suit their desired future lifestyle.

Ken and Barbie instead picked the unit option. They could park their motorhome down the side of the driveway, Russell the dog was excited that he could come, Ken was happy because there was less floor area that required vacuuming, and Barbie was happy she could plant a few camellias. They even sold their four bedroom home for \$200,000 more than the purchase price of the unit – some funds that will assist in their retirement.

While Ken and Barbie were at their appointment, they reviewed their wills from 30 years ago and found changes that needed to be made. Ken and Barbie further realised that they did not have Power of Attorneys and Appointments of Enduring Guardian documents in place. They also discussed their pension and different benefits available. Ken and Barbie have now received a discount on the annual rates of their unit due to being pensioners.

It's a win all round as Ken and Barbie continue to celebrate what life has to offer in regional Australia.

NSW SENIORS FESTIVAL

Narrandera Shire Council
Community Transport and Home Support Programs

PROUDLY SUPPORTING NSW SENIORS WEEK

Providing residents of Narrandera Shire and Leeton Shire:

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- Community Transport
- Social Support
- Home Modifications & Maintenance

Monday to Friday 8.30am – 4.30pm (closed 12.30-1.30pm)

4 Victoria Square, Narrandera
02 6959 5555
council@narrandera.nsw.gov.au

Narrandera Shire Council

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9am-5pm Monday to Friday
Phone appointments are available

144 East Street, Narrandera
6959 2288
www.farrellgoode.com.au

SERVICE GUIDE

MEDICAL CENTRE

Narrandera Medical Centre
Victoria Square, Narrandera **Ph 6958 1000**
Open 9am to 5pm Monday to Friday. Closed for lunch 1.30pm to 2.30pm. Closed Saturday, Sundays and public holidays. Emergencies call 000. For Health advice call Health Direct 1800 022 222.

DENTAL SERVICE

Narrandera Dental Centre
46-48 East Street, Narrandera **Ph 6959 3055**

PHARMACY

Close Narrandera Pharmacy
125 East Street, Narrandera **Ph 6959 2091**
Open 9am to 5.30pm Monday to Friday, 9am to 1pm Saturday, 7pm to 7.30 pm Saturday and Sunday.

Terry White Chemmart Chemist
58 East Street, Narrandera **Ph 6959 1099**

Open 9am to 6pm Monday to Friday, 9am - 1pm Saturday.

HEALTH SERVICES

District Hospital Accident & Emergency, Maternity Services, Aged Activity Centre, Aged Care Assessment Nurse, Asthma Educator, Audiometrist, Childbirth Classes, Child & Family Health Nurse, Child & Adolescent Mental Health Worker, Community Dietician, Community Nursing, Alcohol & Other Drugs Liaison Worker, Generalist Counsellor, Health Promotion Officer, Mental Health Team, Speech Pathologist, Women's Health Nurse, Immunisation Clinic, Aboriginal Health Worker, Aboriginal Mothers & Babies Service, Occupational Therapist, Diabetics Educator, Physiotherapist.

For these services phone 6951 0200 or call at Narrandera Health Service, cnr Douglas & Adams Streets, Narrandera.

AUSTRALIAN UNITY HOME CARE & DISABILITY SERVICE

Narrandera-Leeton Branch
15 Kurrajong Avenue, Leeton **Ph 1300 296 835**
Domestic assistance, personal care and respite, home care packages & NDIS

COUNSELLING

Free counselling service available at Narrandera Community Health Centre on Tuesdays and Fridays 9am and 4pm. Assistance with grief and loss, domestic violence, anxiety, depression, building self esteem, family, personal and relationship issues. For appointments phone Leeton Community Health Centre on 6953 1205.

NARRANDERA/LEETON COMMUNITY TRANSPORT

Community Services Building, 4 Victoria Square **Ph 6959 5555**
Booking and Office hours 9am – 12pm

NARRANDERA HOME MODIFICATION & MAINTENANCE SERVICE

Community Services Building, 4 Victoria Square **Ph 6959 5556**

NARRANDERA SOCIAL SUPPORT SERVICE

Community Services Building, 4 Victoria Square **Ph 6959 5555**

NARRANDERA HOME & COMMUNITY CARE RESPITE SERVICE

Community Services Building, 4 Victoria Square **Ph 6959 5555**

MEALS ON WHEELS

Contact Sonya or Sue **Ph 6959 4499**

CENTRECARE

Ph 6953 2988

ALZHEIMER SUPPORT GROUP

Ph 6959 1226

ALCOHOLICS ANONYMOUS

Ph 0456 676 511

SUICIDE PREVENTION AND AWARENESS GROUP

Phone 6959 4704 (AH), 6953 322 (BH) or 6959 2758 or 1300 133 911

DOMESTIC VIOLENCE

1800 656 463

LIFELINE

131 114 (24-hours)

KIDS HELPLINE

1800 551 800 (24-hours)

POLICE

Narrandera Police Station Larmer Street **Ph 6959 5999**

POLICE ASSISTANCE LINE

131 444

CRIMESTOPPERS

1800 333 000

CAN ASSIST

Ph 6959 1096

ST VINCENT DE PAUL SOCIETY

181 East Street, Narrandera. Vinnies shop open Monday to Friday 10am to 4pm and Saturday 9am to noon.

FUSION

Cnr East and Victoria Ave. Store open Monday to Friday 9.30am to 4pm. Contact David Polhill. Pick-up and delivery service every Friday. Donation pick-up free, delivery charge \$10.

COUNCIL

Roads, Parks & Other 0427 595 562
Water 0417 023 015
Sewer 0417 023 016
Ranger 0429 043 719

Narrandera Waste Depot

Ph 6959 3531
Opening hours: Tuesday, Wednesday & Friday 9am to 5pm (closed noon to 1pm); Saturday & Sunday 10am to 5pm; Closed Monday & Thursday

Narrandera Library

Ph 6959 5585
Open 10am to 5pm Monday to Friday.

NARRANDERA DISTRICT COMMUNITY RADIO

91.1 FM
Contact Manager Barry Mayne 6959 1666



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*Conditions apply. Minimum 12 months

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46-48 East Street Narrandera

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Monday-Friday
9am - 5pm

Dr Cecilie McLellan

Dr Iain Douglas

This space could be yours!

It's only **\$88.00*** per month

Phone Fran or Brian on 6959 2222

*Conditions apply. Minimum 12 months

FOLLOWING IS A LIST OF JUSTICES OF THE PEACE WHO ARE AVAILABLE IN NARRANDERA

If you wish your name to be removed please contact the *Narrandera Argus*, otherwise the list will appear in the monthly Professional Directory.

Brooke Lisa Absolom	Mrs	0415 877 415	Julie Ann Jones	Mrs	0428 593 018
Margery Ruth Amery	Mrs	0400 017 004	Leonard Ross Jones	Mr	0427 591 530
Barbara Olive Bartholomew	Ms	02 6959 8286	Susan Patricia Killham	Ms	02 6959 5585
Joan Frances Bashir	Mrs	02 6959 4664	Colin Robert Manning	Mr	02 6959 2555
Melissa Jane Bennett	Mrs	0409 609 441	Lynne Martin	Mrs	02 6959 2206
Mark William Chappell	Mr	0428 781 712	Bernadette Moellers	Miss	0405 243 589
Jennifer Clare Clarke	Mrs	02 6959 1437	Gabrielle Cecile Morrice	Mrs	02 6959 2322
Heather Lee Darrington	Mrs	02 6959 2238	Gayle Susan Murphy	Mrs	02 6959 1269
Robert Stephen Davies	Mr	02 6959 2090	Kenneth Martin Murphy	Mr	02 6959 1269
Peter Charles Dawson	Mr	02 6959 3419	Trevor Gordon Murphy	Mr	02 6959 1566
Robyn Lorraine Elmer	Mrs	02 6959 1786	Wayne Stanley Norden	Mr	02 6959 2318
Paul Joseph Foley	Mr	0404 661 920	Roger David William Orr	Mr	0427 207 221
Gloria Lorraine Gawne	Mrs	02 6956 2128	Michael John Perrott	Mr	0417 207 993
Wesley Munro Hall	Mr	02 6959 3380	Michael John Pieper	Mr	02 6959 3135
Robert Andrew Hanlon	Mr	02 6959 9766	Helen Lorraine Ryan	Mrs	02 6959 5510
John Terrence Hoban	Mr	02 6959 1104	Simon Joseph Schippers	Mr	02 6959 5999
Theresa May Hollis	Ms	0421 816 615	Julie Anne Shore	Ms	0427 598 604
Louise Anne Hornery	Ms	02 6959 9092	Kerry Terese Sproston	Mrs	0417 678 475
William James Howitt	Mr	02 6959 1348	Shannon Louise Wilson	Miss	02 6959 1077
Karen Anne Hunt	Mrs	0417 259 164	Andy Xia	Mr	0427 253 121

PROFESSIONAL DIRECTORY



Orange terminator

LEETON

Kim Woods

GRIFFITH mechanic Shane Hill had the crowds three deep around his flaming orange ute pumping out heavy rock music from an oversized sound system.

The 1970 XW Falcon ute was kitted out with a stereo system in the tray, beautifully made with Jarrah timber framing, and featuring the Terminator airbrushed on the tailgate.

Shane concedes the sound system has morphed through four stages of tweaking to get it just right with help from a carpenter mate.

"I bought the ute off a young bloke in Griffith in 2003 and have been doing different things to it since then.

"It was a run of the mill ute but had a good paint job which is the original colour off a 1989 Volkswagon – it's pretty close to citrus orange.

"I changed out the doors to make it different and stand out at car shows.

Shane Hill, of Griffith, with his eye catching bright orange 1970 XW Ford ute. Photo: Kim Woods.

"The motor is a 351 stroker – a 393 with a 6-71 blower on it. It's all under-driven so it can be driven on the roads."

A member of the Custom and Classic Car Club Griffith, Shane loves touring the ute around car shows but Leeton was its first time out in a year.

"It's been to Summernats, Melbourne Car Show and local car shows in the past," he said.

"The fibreglass dash has been painted the same colour as the car, it has all air ride suspension and a McDonald Bros rear end."

The ute is one of many in Shane's collection and he has a few new projects on the go.

"It's great to see so many people here today – it is one of the biggest car shows I've been to since last year," he said.

"There is a lot of car enthusiasts in the MIA – you only have to look at the amount of car clubs around with five to six in Griffith alone."



MIA Cruisers president David Warburton with his purple 1964 EH Holden sedan on display at the Show and Shine.

Club farewells valued Lion in Terry Martin

LOCKHART

Liz Lawrence

ESTEEMED Lockhart Lions Club member Terry Martin passed away at the age of 66 years on February 27 2021 in Queensland.

Being a Lion was very important to Terry and up until health issues prevented him he spent many hours working at the Lockhart Lions Recycle Centre.

In the early years, this often meant working all day when there wasn't the equipment at the Centre that there is today to assist workers.

Terry was a Charter Member, having joined the Club in March 2003. He held many positions in the Club including treasurer, membership chairman, first vice-president, second vice-president, third vice-president and Tail Twister.

For a number of years, Terry was Lion Tamer, whereby he looked after all the Lions regalia used at meetings.

Up until his health deteriorated, Terry missed only a handful of meetings in his 18 years as a dedicated member.

Terry was a brother and brother-in-law of Kathy and Shane Fealy and uncle of Martin and Chelsea. He formerly lived in Galore Street, Lockhart.

A severe brain injury required him to move closer to family.

Terry thoroughly enjoyed living in Lockhart and during that time he was a proud member of Lockhart Lions Club.

His family thanked all the members of Lions for the support and fellowship they showed Terry over the years, with a special mention to Dulcie McKenzie who proved to be Terry's great friend and mentor.

Terry spent the last six months living in Queensland to be near his adored daughter Rebecca and grandson Theo.

Narrandera Argus



Rural Fire Service Acting Area Commander – South Western Superintendent Paul Jones, Murrumbidgee Council Mayor Cr Ruth McRae, Stephen Lockhart and Mid Murray Zone Superintendent Tony Whitehorn. Photo supplied.

Citations for volunteers

MURRUMBIDGEE Council Mayor, Cr Ruth McRae, attended the RFS NSW Bushfire Emergency Citations Presentation recently to present citations to local brigade volunteers.

She presented the citations on behalf of the NSW Premier to recognise the outstanding contribution of volunteers and service agency personnel during the bushfire emergency response effort.

Congratulations to Stephen Lockhart and to Catherine, Perry and Thomas Hardy for their efforts during the bushfires and for their dedication and commitment to the local community each and every day.



"Cowboy" won the Best Mullet award.

COUNCIL SNIPPETS

COOLAMON

Liz Lawrence

Building activity

COOLAMON remains a popular location for new home construction and building activity with the local council approving a total of 18 building applications worth \$3,179,850 at its March meeting.

These included seven new homes for the town and the establishment of an animal training (equine) facility in Warners Lane costing \$140,000.

New houses approved were a transportable dwelling 101 Johnsons Hill Road \$240,000, single dwelling Wallace Street South, dwelling, shed and swimming pool 13 Cowabbie Street \$476,500, single dwelling and garage 37-39 Logan Street \$347,000, single dwelling and shed Wattle Lane \$555,000, single dwelling and attached garage 3 William Kelly Drive \$284,000.

Wishes and needs

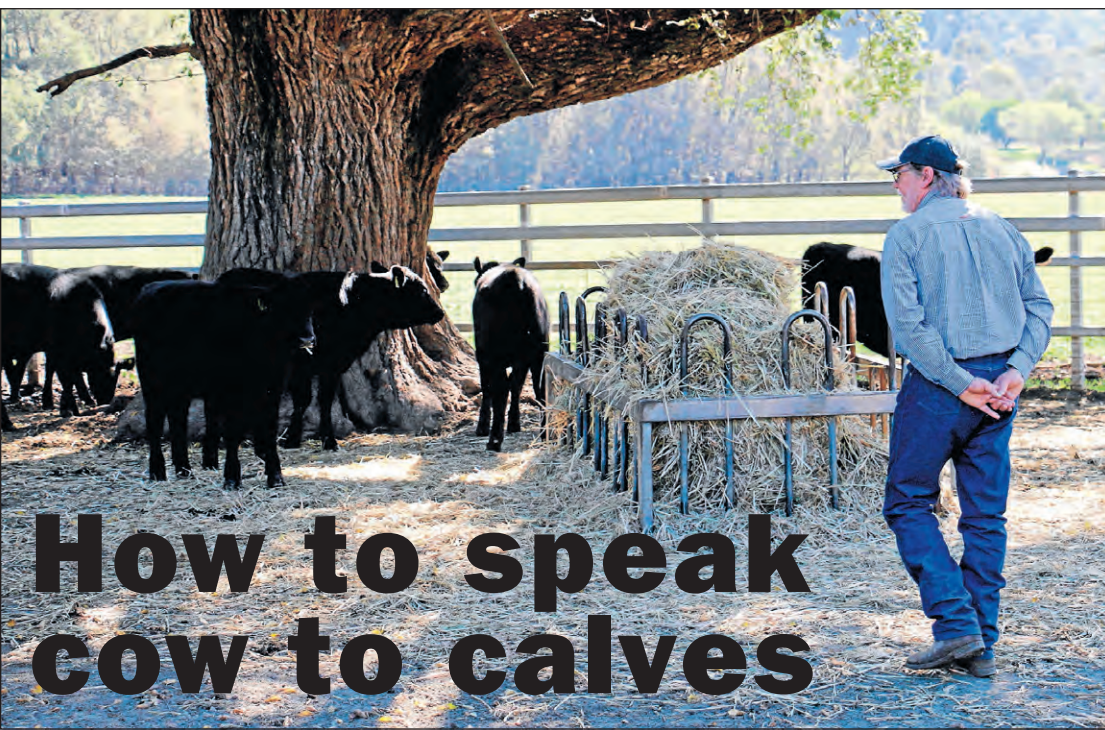
COOLAMON Shire Councillors visited each of the six communities in their shire recently to further discuss the towns' individual Advance Committees concerns, wishes and needs.

General manager Tony Donoghue said whilst understanding that each community had operational issues, the main focus was to discuss broader strategic issues that could be considered for future budgets.

"This tour was helpful in understanding each of the communities. In general, the communities were appreciative of the work undertaken over the last two or so years," he said.

Council also took the opportunity to look at some of the completed or in progress projects.

All items identified during the visit will be included into considerations for the future budgets.



How to speak cow to calves

Dr Kevin Sullivan works with weaners in the yards at Killimicat Station, Tumut. Queensland feedlot consultant Kevin Sullivan outlined communication between cattle and handlers at the Reiland Angus seminar. Photo supplied.

Kim Woods

KEEPING our voices to a minimum and not being above a cow's eye level is among the best ways of keeping a mob of cattle comfortable in the yards.

Feedlot consultant and veterinarian Dr Kevin Sullivan outlined successful communication with cattle at the Reiland Angus seminar at Tumut on March 31.

Dr Sullivan, of Bell Veterinary Services, Bell, Qld, said cattle had sensitive hearing and handlers should avoid using their voice as much as possible.

"Adopt a positive attitude towards those animals, they like positive interaction in your body position and adjust your speed of movement to achieve direction," he said.

"If you are working with sensitive north Queensland Brahman, your movements will be a lot smaller and slower than if you were working with desensitized Wagyu.

"Apply pressure to achieve a response and reward them by taking the pressure away as soon as you get a positive response.

"Each time you interact with those animals it should be positive."

Dr Sullivan said the eye was the point of balance in cattle.

"They are a prey animal so they are always watching for a threat," he said.

"They can see 270 degrees around them but they struggle with depth perception or how far away something is.

"The only way they know is when it moves. They cannot see above their eyeline.

"When a cow looks up, it stops

so if we are above them they will not move."

Dr Sullivan encourages handlers at the front of a large mob to act as leaders, instilling trust, respect and patience in the cattle behind.

"If an animal is sensitive or of a poorer temperament, the handling will not take away that personality but will temper that animal so it is more tolerant," he said.

"Highly temperamental animals are poorer in health, performance, meat quality and fertility.

"We need to understand weaning starts from the day the animal is born.

"This is where stockmanship sets that baby calf up for life, reducing the level of sickness later on.

"To maximise genetic potential, we need to ensure maximum foetal development and maturation, maximise the passive transfer of colostrum at birth by increasing milk letdown, encourage the maternal bond, and condition calves to accept handling for a seamless weaning."

Dr Sullivan said acclimation was about settling cattle in their current environment.

He said cattle needed re-acclimation when moved to a new environment.

"If these cattle are happy and confident in their environment there will be improved milk let down and colostrum transfer during the post calving interval.

"Watch out for cattle which continue to wander around the pen or pasture, those who nibble but never really graze, or those

who are discontent.

"Get off the motorbike or horse and walk with those cattle to show them where you want them to go."

Allow calves to suckle for 20 to 30 minutes after birth and cow-calf bonding before ear tagging.

Dr Sullivan said it was important to greet the cow first before tagging the calf.

"Do not attack the calf first and expect the cow to stay calm. Desensitise the ear prior to tagging and then return the calf back to the cow.

"Post marking, run the 4-6-week-old calves for one to two hours on their own to learn about separation at weaning.

"Pre-weaning separate again for 12-24 hours, then put them back with their mothers, and followed by weaning. In the US this is called two phase weaning.

"Pre-conditioning is just not vaccination but a combination of handling, final day preparation, good nutrition, minerals and vaccination so the expectation is to gain weight from day one of weaning.

"The calves need to accept the transfer of leadership from the cows to the caregivers. When this happens, calves can be weaned in two to three days."

During weaning, allow four square metres per head for each calf along with water, feed and daily interaction of 10-15 minutes by the handler.

Yard weaned cattle are 50 per cent less likely to get sick in a feedlot environment, Dr Sullivan said.

Your say:

Letters to the Editor

Bad guys in debate

EDITOR; There has been a lot of recent commentary around the Darling/Baaka River, its health and the impact of floodplain harvesting in the Northern Basin on the indisputable environmental challenges it has been facing.

Unfortunately, and incorrectly, food and fibre producers in the Southern Basin have at times been depicted as the 'bad guys' in this debate.

We understand there are large corporate farming operations that would have their prosperity threatened if the legislated 1994 cap on floodplain harvesting diversions was enforced, instead of the current diversions which are up to 2.5 times this amount.

And remember, even NSW Government bureaucrats have questioned the legality of allowing quantities of this level to be taken from the river.

However, let's be clear about other facts around this issue.

There is absolutely no doubt that the water flowing into Menindee Lakes and making a contribution to legislated South Australian flows has been reduced significantly.

As a consequence, more water has to be provided from the Murray River system for Menindee and SA.

So increased extraction and reduced end of system flow targets in the Northern Basin is: (a) causing untold environmental damage to the Darling/Baaka; (b) causing acknowledged environmental damage to the Murray River and its environs from increased

and environmentally unsustainable flows.

And yes, at the same time it is reducing the water available to general security licence holders in NSW and northern Victoria, to the detriment of these farmers, the communities which rely on their prosperity and national food security.

In the NSW Murray, where every drop of water is accounted for, allocation reliability has dropped from 84 per cent to 52 per cent since the turn of the century.

In a nation where a 'fair go' is held in high esteem, would you expect Southern Basin food and fibre producers to sit back and meekly accept the injustice of present water management regimes, under which our future is threatened while those in the north get valuable political favours, to the detriment of virtually every other part of the basin?

We do not want to be seen one basin pitted against the other, but we are not prepared to accept the existing inequities without a fight, even though we are aware it's a David versus Goliath battle as we are up against corporate dollars and political interests.

We don't have the deep pockets or the political persuasion, but that will not stop us calling out what is fundamentally wrong and doing out utmost to have a fair playing field developed.

— **Lachlan Marshall**
Chair, Speak Up Campaign

Prices on downhill run

AUSTRALIAN cattle prices have been tipped to fall this year by 10-15 per cent but top quality genetics will be sought as the national herd continues to expand to 29.4 million head.

Global Agritrends Down Under managing director Simon Quilty said the 2019-2023 price cycle peaked at 898c/kg in March and will finish with an Eastern Young Cattle Indicator low of 535c/kg CW in 2023.

This current cycle is 22 per cent higher than the 2014-2018 cycle average of 546c/kg.

Mr Quilty expects feeder steers weighing 380kg to 440kg to be around 400c/kg by June and fall to 350c/kg in the last quarter.

Factors playing a role in the prices include feedlot demand, COVID-19 restrictions lifting, Chinese New Year demand, tightening South American beef supplies and easing grain prices.

Speaking at the Reiland Angus client seminar at Tumut on March 31, Mr Quilty said global meat demand would place pressure on feeder steer buying before the year is out, with numbers rising on the back of lower grain prices.

"The concern now is over fat

feeder steers – heavy feeder steers will end up as a Jap Ox," he said.

"Grass fed steers have been losing \$250-\$300 per head at the processor – the only reason they have been paying that money is to get throughput and keep the workers on, and trying to hold a market together.

"They are going to pay the cheapest possible money for that Jap Ox they can.

"Be wary if you produce an animal that misses the grade and ends up as a Jap Ox – the price spread will widen and being too fat will be penalised.

"Within four to five months, the price spread between feeder and medium steers is likely to balloon out to \$1/kg and to \$1.50/kg for feeder and heavier steers.

"That's the type of discount we are likely to see in a short space of time."

Mr Quilty expects an abrupt feeder steer price correction in June back to 350c/kg followed by a 12 per cent fall in last quarter of the year.

With vealers (280-330kg) sitting at 505c/kg, he tips the softest landing for this category with the average price this year around 472c/kg – up 18 per cent on last year – and finishing the year at 450c/kg.

Fire permits no longer needed

THE NSW Rural Fire Service has ended the statutory Bush Fire Danger Period in the MIA District on April 1.

From April 1 fire permits are no longer required for the Local Government Areas of Carrathool, Griffith, Hay, Leeton, Murrumbidgee and Narrandera.

Residents must notify neighbouring land owners and their local fire authority before burning.

A new online portal gives NSW residents the ability to quickly and easily notify fire services when they're planning to use fire on their property.

The NSW Rural Fire Service (NSW RFS) portal means residents can use their mobile phone or desktop computer to lodge their notifications about planned hazard reductions or burn offs 24 hours a day, 7 days a week.

NSW RFS Superintendent Kevin Adams said by using the new tool at www.rfs.nsw.gov.au/notify, users can help prevent unnecessary emergency calls.

"If fire services know about it, it can help prevent unnecessary emergency calls and firefighters from being responded," he said.

Superintendent Adams said while landholders are encouraged to reduce fuel loads on their property, it is imperative it is done so safely and legally.

"Before lighting any fire you need to have adequately prepared fire breaks and have firefighting equipment on hand to ensure the fire does not escape."

To notify of your intent to burn off, use the new online burn notification tool at www.rfs.nsw.gov.au/notify. Landholders can still notify the NSW RFS by contacting their local Fire Control Centre.



Beef producers Judy and Graham Houston, Burrowye, Vic, with market analyst Simon Quilty, centre, at the Reiland seminar. Photo supplied.



Earlies Club member Andrew Watson owns this 1934 Chev sedan, driven and entered by his son Mitchell Watson. Photo: Rusty Lake-Connolly.



Dain Souter, Langwarrin, Vic, is a Bayrodders member and cruises in his 1927 Ford T-model roadster. Photo: Rusty Lake-Connolly.



Ethan Cowfield, Knoxfield, Vic, is congratulated on winning the 7-11 years colouring competition by Ray Alldrick. Photo: Alan Anderson.

Narrandera Argus Classifieds

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PUBLIC NOTICES



DEVELOPMENT PROPOSAL ADVERTISED DEVELOPMENT

(Environmental Planning & Assessment Act, 1979)

Consent Authority: Western Regional Planning Panel

DA No	047-2020-2021
Address	Lot: 7 Sec: - DP 754551 273 Walkers Road Corobimilla
Description	Micro Solar Farm less than 5 Mw (16,128 trackable PV Panels)
Applicant	Narrandera Solar Project No 2 Pty Ltd

The Council has received a Development Application for the above proposal. The documentation may be viewed at Council's website www.narrandera.nsw.gov.au or Council Offices, 141 East Street, Narrandera until **COB 6 May 2021**.

Any interested person may, prior to the closure of the exhibition period, lodge a written submission to the Council with respect to the proposed development. If the submission is an objection, the grounds of the objection must be specified.

Persons making submissions should be aware that their submissions may be the subject of an information request under the Government Information (Public Access) Act 2009 – the GIPA Act. The Council will treat each request according to the provisions of the Act and Regulation. A submitter may request that the Council redact any identifying details from their submission before releasing that submission.

All submissions should be addressed to George Cowan, General Manager, Narrandera Shire Council, 141 East Street, Narrandera NSW 2700 or emailed to council@narrandera.nsw.gov.au



HAVE YOUR SAY DRAFT CULTURAL PLAN 2021-2031

The Draft Narrandera Shire Cultural Plan 2021-2031 Executive Summary, are currently open to public feedback from 9am Thursday 1 April 2021 until 4pm Wednesday 28 April 2021.

This planning framework provides strategic directions for Council in response to the priorities identified by the Shire's residents during the consultation process.

These documents are on view at:
Narrandera Shire Council Chambers
– 141 East Street, Narrandera
Narrandera Shire Library
– 39-51 East Street, Narrandera
Online – www.narrandera.nsw.gov.au
"Have Your Say".

Written comments from the community in relation to the exhibition documents are invited and will be received up until 4pm Friday 30 April 2021.

All comments should be addressed to the General Manager, Narrandera Shire Council, 141 East Street, Narrandera NSW 2700.

George Cowan
General Manager

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Closing date for all applications is **Monday 19th April**

Please leave all resumes at Leeton Floors, 38 Wamoon Ave, Leeton or submit via email to leetonfloors@people.net.au

For more information please contact via above email or call on (02) 6953 6100.

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10.30am Holy Communion
Saturday, April 10
5pm Holy Communion
1st Saturday of month
Family/Children's Service
Rev Michael Perrott
Phone 6959 2089

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CRC CHURCHES INTERNATIONAL

CRC Plaza Theatre
Contemporary Family Service
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Phone 6959 1332

CATHOLIC CHURCH

St Mel's Parish, Narrandera
Saturday, April 10
6pm Vigil Mass
Sunday, April 11
8am Galore
9.30am Narrandera
Fr Bradley Rafter
Phone 6959 2080

SEVENTH DAY ADVENTIST CHURCH

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Pr Adam Tonkin
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SPORT

Growing the game

GOLF

A TOTAL of 18 players took to the course and competed in a Men's Stableford on April 6.

The winner on the day was Mick Maron with 27pts on a count back and the runner-up was Col Mahoney with 37pts. Balls went to 34pts.

The Ladies Stableford held on the Wednesday saw eight ladies compete and the winner was Jan McGilvray with a score of 38pts, and the runner-up was Sameera Bashir with a score of 31pts.

On Easter Saturday 29 players competed and the winner was Ray Buchanan with a score in the Stableford of 37pts and the runner-up was Bruce Russell on 36pts. Balls went to 33pts on count back.

The "Chook run" was won by Steve Jones with a 24 nett from the 24 players and the Vets winner was Lorna Metcalf with a score of 32 nett.

Easter Monday saw a good roll up of players for the Three Person Ambrose and the outcome was a family combination.

Haydon Bull and his two sons were the winners of the day and father and son Steve and Shaun Gehringer with son-in-law Nick Hetherington were the runners-up.

This proves golf is a family orientated game and can be enjoyed by all ages

and handicaps.

As mentioned previously Anzac Weekend will be entertaining at the Golf Club. The event organised by Ken Trimble will have a number of professionals in attendance with most of them locally produced, starting their professions here in Narrandera.

On the Saturday a Junior Growing the Game Clinic will be held as well as a Women's Clinic.

After a BBQ lunch Round one of a City versus Country Challenge will begin with a shotgun start.

A dinner function will be held at night and there will be an art demonstration by John Perkins.

Sunday will continue with the Junior Growing the game clinic and again after a BBQ lunch the City v Country Challenge Round 2 will be played.

The Golf clinics will have Ron Luxton and ex-Narrandera professional golfers in attendance.

Golf equipment will be provided and the cost is free of charge. Lunch will be provided for the juniors.

This will be an excellent opportunity for gaining a mountain of information from all these experienced people and should be an event worth supporting. Sponsors of the event are Golf NSW, PGA and Gallaway and any information about entry can be obtained from Gary Shanley or Rosemary Orr.

Summer Teams finals set to play this Friday

BOWLS – NARRANDERA

THERE was a great roll up from Ganmain and Leeton to support the Easter Triples and Pairs played on April 2-3.

There were 10 teams entered in the Friday Triples to play three games of 12 ends and enjoying a lovely lunch in the middle from Three Greens Bistro.

The winning team was Dickie Durnan, Peter Sheather and Steve Zak with three wins 52.

Second place went to Ian Black, Bob Blackshaw and Neville Limbrick with two wins 43.

For the Saturday Pairs, there was 20 teams competing in two games of 15 ends with Kevin Thomson and Geoff Angove taking home first place and Matt Grant and Dave Robinson bringing home second place.

Congratulations to all place getters and thank you again to everyone for supporting this annual club event.

Friday Night Summer Teams Final between 5 Good Men & Nifty and Lizards 1 is set to play on Friday, April 9. Match committee do duty. All the best to both teams, this will be a great match to come and watch.

Notice board reminders – nominations for the Club B Grade singles closed Monday, April 5 with play

starting Saturday, April 10. Check the board for the draw.

Still calling out for our bowlers to join in with visiting bowlers from Corowa for a game. It would be great if we can get 25 Narrandera bowlers to join in.

Play is also Saturday, April 10 at 1.30pm. Nomination sheet on the notice board to place your name.

Pennant Draw for Round 7 Sunday, April 11 is Grade 3 Home vs Darlington Point 3s; Grade 4 Away vs Hay 4s and Grade 5 Home vs Leeton Soldiers.

Pennant Draw for Round 8 Sunday, April 11 is Grade 6 Away vs Leeton Soldiers and Grade 7 Away vs Whitton.

Teams are largely standard with minor changes not at hand at time of writing. Contact your team managers to check placings and playing times.

Update on Grade placings after the halfway mark sees – Grade 3 – 1st, Grade 4 – 3rd, Grade 5 – 2nd, Grade 6 – 1st and Grade 7 – 1st.

Grade Contacts: 3s – Lincoln 0405 930 427, 4s – Jack 0499 804 922, 5s – Peter 0410 447 219, 6s – Barry 0406 027 720, 7s – Lenny 0431 436 951 and uniforms Vicki on 0427 402 118.

A reminder that rounds 6-10 start with a 1pm roll-up and 1.20pm start, unless otherwise arranged by team managers with opposing clubs.



The 2021 Easter Triples winning team Steve Zak, Dickie Durnan and Peter Sheather. Photo supplied.

Hot spot for harness racing

HARNESS RACING

Nicholas Rupolo

COOLAMON Harness Racing will host the TAB Carnival of Cups on Sunday, April 18 at Coolamon Showground.

The day will feature the running of the Coolamon Pacers Cup and will showcase the best of harness racing the region has to offer.

The first day of pacing started almost 30 years ago to promote harness racing in particular towns and for almost a decade now, Coolamon Harness Racing Club has set up a hotspot for the popular sport.

Event organiser Helen Turner said there will be plenty of attractions for people of all ages.

“The Carnival of Cups is a concept by Harness Racing NSW for all clubs to attract larger prize money and also better horses,” Ms Turner said.

“We usually have a few more attractions, fashions on the field and mini-trotters.

“Children’s amusements, pony rides and something a little different this year, we have a kid’s disco.”

Burnout series on track at Brobenah

MOTORSPORT Kim Woods

MOTORSPORT fans had their popular Easter Brobenah Burnout Championships canned for the second time due to COVID.

But the not-for-profit organisation, Brobenah Burnouts, is aiming to stage a three round championship series, kicking off next month, and are also concentrating on raising funds for a new burnout pad.

The annual Clinton Rowley Memorial at Easter traditionally draws around 3000 spectators and entrants from Queensland, Victoria, South Australia and northern NSW.

Public officer Carlo Luisi said previous COVID restrictions had stipulated a time limit of five hour on the event.

Mr Luisi said the time limit

was impossible for the event to be completed.

“We have up to 50-70 competitors and it takes 3-4 minutes for each competitor to pass through with a minimum of three to four runs each,” he said.

“It was not viable to reduce the number of competitors.

“Last year we ran a three round championship series and we will do the same this year.”

Brobenah Burnouts has partnered with Leeton Motor Sports Club, Leeton Aviators Club and with support from Leeton Shire Council and Leeton Connect, to build the Brobenah drag strip

Mr Luisi said the dragstrip would be an enormous asset to the Leeton community.

“We have plans in place and are going through the motions of sourcing working capital within

In order to encourage the younger generation to enjoy and take up harness racing, the mini-trotters is a fun event for kids to understand the basics of racing trots.

“(For mini-trotters) kids range from five to 16 and they have ponies like shetlands or another group of bigger ponies for older kids,” Ms Turner said.

“They get graded as to how many wins or actual size of the horse and they race against each other on the main track in between races and have a lot of fun.

“In the mean time they are learning the ropes if they want to graduate into the drivers in the future.”

Depending on the number of nominations and races going ahead, a time will be announced for the beginning of the carnival.

Harness racers are encouraged to sign up to enter and spectators wishing to attend can contact coolamonharnessracing@gmail.com for details.

the community – we have a target of \$350,000 to build it.

“This is not unachievable – we hope to have at least a useable strip within 12 to 18 months.

“It would have been good in the interim to get back on the Narrandera airport but that will not happen.”

Mr Luisi said the purpose built drag strip would be available for use at any time for an event, unlike an airport.

“We have partnered with the International Hot Rod Association as our sanctioning body,” he said.

“We will run our own championships series where points are allotted for every round – hopefully the first round will be in the next month.

“It will be a short, sharp event mainly for local competitors.”

Local sons play well

Nicholas Rupolo

COOLAMON ex-player Michael Gibbons was a stand-out performer for Carlton alongside his teammate Narrandera-born Zac Williams in a thumping 109-64 win over Fremantle Dockers at the weekend.

Gibbons scored 103 AFL Fantasy points as he gained 518 metres — the second most in the match for the Blues — as well as 16 kicks, eight marks and one goal.

Last week the Coolamon man received a nomination for Goal of the Year for his round two effort against Collingwood.

Meanwhile Williams also turned in a solid performance for the Blues with a high successful disposal rate, four marks and four tackles.

Carlton go up against the Gold Coast Suns next week.

It could have been battle of the Riverina boys in the AFL when Nick Murray’s Adelaide Crows went up against Jacob Townsend’s Gold Coast Suns.

However, neither of the players featured as the Crows edged the Suns by 10 points 95-85.

Nick Murray was in the match day squad but was unused while Jacob Townsend is still recovering from a face fracture he received a few days ago.

It is expected to keep him out for a short time.

The Suns clash against Carlton next week followed by top-of-the-table Western Bulldogs.

Narrandera-born Matt Flynn and Jacob Hopper both featured for GWS Giants in their 34-point loss to Melbourne Football Club on Easter Sunday.

Flynn was placed as ruckman racking up 24 hit-outs and five contested possessions while Hopper was only successful with two thirds of his disposals.

The Giants still haven’t registered a point on the board and are languishing in second last on the ladder.

The Giants have to travel to Collingwood next week in search of their first win of the season.

In Cricket news ex-Narrandera all-rounder Dan Christian will be lining up alongside India Captain Virat Kohli for Royal Challengers Bangalore in the Indian Premier League this season.

Christian was signed in the IPL auction in March for over \$800,000 and will be taking the field with fellow Aussies Josh Phillipe, Adam Zampa and Glenn Maxwell.

Bangalore – coached by former Australian test cricketer Simon Katich – start their season this Saturday against Sunrise Hyderabad.

Achievements honoured

ATHLETICS

LOCKHART Little Athletics held its presentation night and end of season barbecue on March 28.

It was a wonderful night of recognition of achievement by more than 30 members of the Club.

Major Awards for the most personal bests in their age group were awarded to Harry McPherson, U6; Charlie McPherson, U8; Patrick Kennedy and Claire McLaurin, U9 and Yvette McLaurin, U11.

Club records were broken or set by the following athletes:

• Canton Rygg-Tasker (TT): 100m and 60m Mini Hurdles

- Harry McPherson U6: 100m
- James Levarre-Waters U6: Shotput
- Mia Urquhart U7: 400m
- Collier Rygg-Tasker U7: 60 Mini Hurdle
- Charlie McPherson U8: 60m Hurdles
- Hugh Smith U8: Turbo Javelin twice
- Claire McLaurin U9: 200m Walk twice
- Patrick Kennedy U9: 200m Walk
- John Vincent U10: 200m Walk
- Joe Merrills U10: Turbo Javelin
- Yvette McLaurin U11: 200m Walk

- Macey Mathews U12: 200m
 - Kate Bowyer U12: 200m Walk
 - Victoria Trevaskis U12: 200m Walk
 - Luna Vincent U12: 200m Walk
 - Bridie Nimmo U13: 200m Walk
- Winners of Trophies for Friday Night Training Award John Vincent and Claire McLaurin.

The Endeavour Award for commitment, enthusiasm, motivation and achievement went to Ned Lees.

The AGM will be held at the Lockhart Ex-servicemen’s Club on Tuesday April 27 at 7pm. For more details ring Laura McPherson on 0437 142 911.

Season ends on high for Eagles

SNSW WFL Rebecca Rowlings

THE Eagles women rounded off their second Southern NSW Women’s League season with their first victory at home, defeating Collingullie Glenfield Park 3.2.20 to 2.0.12 at Narrandera Sportsground on Thursday.

After a slow start in the first quarter saw the visitors take a two goals to none lead into the first break, and Narrandera kicked into gear in the second term.

Weight of possession was converted into scoreboard points through goals by Marnie Grintell and Daneka Hatty to put the Eagles level at half-time.

A tense third quarter saw the Demons pushing back but unable to break through the Narrandera defence, with Suzanne Litchfield proving instrumental in keeping the ball moving forward and away from the Demons’ goal scorers.

Lucy Litchfield put the home side in

front in the last quarter, with a couple of minor scores pushing the margin beyond a goal.

Supported by a vocal home crowd, the Eagles women finished the season on a high with their first victory in Narrandera.

Among the best for Narrandera were the two Litchfields, Grintell, Hatty and Molly Darrington, although coach Danny Litchfield was pleased with the side’s performance across the board, particularly commenting on the tackling pressure put on from the second quarter onwards, which made it hard for Collingullie to push forward successfully.

The win ends the season for the Eagles women, who will be back on the field in March 2022 to continue to build in the SNSW competition.

Meanwhile, the men continue to build towards the 2021 RFL season with their final trial matches this weekend at Narrandera Sportsground.

Tricks of showing

EQUESTRIAN

ALL the tricks of the trade when it comes to presenting in the show ring will be on the agenda at a show preparation day at Leeton on April 10.

Riverina Riding Club are hosting the Lehman Ladies, of Leeton, to instruct riders on plaiting manes correctly, braiding forelocks and tails, horse makeup, quarter marks, rider presentation and fitting false tails from 9am at the club grounds.

Level assessor Katrina McMaster will be at the grounds for level assessment grading prior to the Tri-Series Show in Wagga on April 11.

Riverina Riding Club will combine with Narrandera Adult Riding Club and Wagga Adult Riding Club to host 3 Phase Equitation or 3PE with Kate Collins on May 1.

3PE is broken into three components of dressage, obstacles and speed, and accuracy.

The clinic cost is \$35 per person with two ridden sessions per group and RSVP by April 25.

Riverina Riding Club will be hosting a 3PE competition as part of the Inter Club Fun day series with Wagga Adult Riding Club and Narrandera Adult Riding Club on May 2.

To participate, riders need to be a full financial member or an associate member of Riverina Riding Club, Wagga Adult Riding Club or Narrandera Adult Riding Club.

Please contact one of the clubs for membership forms if required.

There will be an encourage grade for the 3PE competition and awards will include High Point.

This is a fun day so riders can come along in club polo or colours, and plaiting is optional.

All persons on the grounds will need to sign in using the QR code which will be located in the club shed. Social distancing and personal hygiene are paramount. If you are feeling unwell, have been in contact with a positive case, or travelled to a hotspot, do not attend.

Valid membership and dressage grading cards will need to be presented if requested by an official.

Riders are to supply their own number holders and will be advised of their number when the draw is finalised.

There will be no HRCV day memberships accepted at this event.

Narrandera Adult Riding Club will host a combined training day on June 6.



Ned Lees received the Endeavour Award at the Lockhart Little Athletics Presentation Night. This award was in recognition of Ned’s dedication in her role as the Age Manager for the Tiny Tots and Under 6 athletes. Photo supplied.

CITY SLICKERS IN CHALLENGE



A strong team of urban contenders are expected to compete in the City versus Country Challenge at Narrandera Golf Club on April 24-25.

The weekend will also feature a Junior Growing the Game Clinic, past juniors reunion and a women's golf clinic with tuition by Ron Luxton and former Narrandera professional golfers. Ladies captain Karen Grant and Ladies secretary Sameera Bashir are among the locals set to welcome visitors for the weekend.

See page 18 for more. Photo: Kim Woods.

Three Blues set for juniors comp

AFL
COLEAMBALLY has merged with Barellan to form the Three Blues Under 17 side in this year's junior football competition.

The Coleambally Blues AFL/Netball Senior season kicks off this Saturday, April 10 at the Coleambally Sports Ground against the CSU Bushpigs/Sows from Wagga.

Curtis Steele and Luke Hillier are senior coaches for AFL while Maddie Hillier (nee Mannes) is the A Grade Netball coach.

For Life Members, sponsors and players, membership will be available at the front gate from 9am on Saturday.

"Other families and supporters are most

welcome to purchase your season ticket for \$100 family, \$50 single/pensioner as we have a member's draw at our home games with plenty of member prizes to be won," spokesman Carl Chirgwin said.

"C, B & A Reserve and A Grade Netball with Reserves and 1st Grade AFL will bring our winter sport back in action after COVID called a recess in 2021.

"Players are reminded they can still register to play using the CNFC Facebook links, juniors will start after the holidays with our newly formed U17's merging with Barellan to bring football to that age group as well and to be known as 'The Three Blues'.

"We look forward to seeing some sporting

action this Saturday and welcome our supporters to QR Scan into the ground on entry and over to our sponsor the Coleambally Community Club after all the games for our presentation of award winners.

"We also look forward to using the new facilities which the Murrumbidgee Shire Council has provided from the past 12 month build."

Barellan United Football and Netball Club registrations will take place today (April 8) at the sportsground from 5pm. Active Kids vouchers can be used for the Under 18s.

In other AFL news, the CSU Bushpigs and Bushsows Football Club are the 2021 AFLW premiers downing arch rivals North Wagga

Saints in a score of 3.4 (22) to 2.3 (15).

GGGM Lions 6.3. (39) defeated East Wagga Koorngal 5.4 (34), Brookdale Bluebells had a narrow win 3.1 (19) over Griffith Swans 2.5 (17) and Narrandera Eagles scored a win on their home ground 3.2 (20) over Collingullie 2.0 (12).

Eagles goal kickers were L Litchfield, D Hatty and M Grintell while best players were S Litchfield, M Darrington, D Hatty, L Litchfield, M Grintell and S Sykes.

Leading goal kicker was Kyra Jackson, EWK Hawks on 16 goals, followed by Skye Davey, North Wagga Saints on 13 and Sophie Crouch, Hawks, also on 13, and Lucy McKelvie Hill, CSU, on eight.

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